OVERCOMING BARRIERS IN MINDS AND SOCIETY
8TH CONFERENCE - TOGETHER AGAINST STIGMA

PROGRAM

COPENHAGEN 2017
20 - 22 SEPTEMBER
www.againststigma2017.com
Welcome to Copenhagen!

Stigma is one of the world's major public health challenges. It contaminates every aspect of mental health care and corrodes the experiences of the lives of people with mental illness worldwide.

The good news is that we are now learning what needs to be done. We are forming partnerships with people with experience of mental health problems, health professionals, people in policy circles, and with people doing research to understand exactly what to do to fight stigma. Reducing stigma requires openness to diversity, and the critical element in this effort is the direct contribution of people who have mental health problems.

Stigma is our chief enemy in the field of mental health. There is no greater obstacle to the development of mental health programs and the better quality of life for people with mental illness. We are convinced that once we have managed to do something substantial against stigma, we will be on the way to successes both in the field of mental health and also in the field of human rights and better quality of life.

We are now bringing people together in the 8th International Stigma Conference in Copenhagen, 20th to 22nd September 2017.

The logo for this conference reflects the story of the well-known Danish author Hans Christian Andersen, The Ugly Duckling; The Ugly Duckling that grew up to be a beautiful swan. It is a universal story about people's inclination to exclude and stigmatize the unknown, often experienced by many people suffering from mental illness because of myth and prejudice. But it is also a story that reminds us of the importance of recognizing people's potentials of recovery, and empowerment and the importance of belonging.

On the behalf of World Psychiatric Association Stigma Section and ONE OF US – the national campaign for antistigma in Denmark - we are delighted to welcome you.

Graham Thornicroft
Chair of WPA's Stigma Section

Martin Lund
Chair of ONE OF US

Johanne Bratbo
Project Manager at ONE OF US
CONTENT

OVERCOMING BARRIERS IN MIND AND SOCIETY .................................................. 4
CONFERENCE THEME COLOURS ................................................................. 5
DAY 1: 20. SEPTEMBER ........................................................................... 6
DAY 2: 21. SEPTEMBER ........................................................................ 10
DAY 3: 22. SEPTEMBER ........................................................................ 15
POSTER PRESENTATIONS .................................................................. 18
COURSES .............................................................................................. 20
ABSTRACTS: DAY 1: 20. SEPTEMBER .................................................... 22
ABSTRACTS: DAY 2: 21. SEPTEMBER .................................................... 30
ABSTRACTS: DAY 3: 22. SEPTEMBER .................................................... 42
ABSTRACTS: POSTER PRESENTATIONS ......................................... 46
PRESENTATION OF SPEAKERS A-Z ..................................................... 50
PRESENTATION OF PARTNERS ........................................................... 106
MAP YOUR DAY ................................................................................. 110
We are pleased to announce that the 8th International Together Against Stigma Conference will be held in Copenhagen, Denmark, September 20th-22nd, 2017.

Stigma of mental illness is a global challenge resulting in discrimination and exclusion from social life, education and the labor market. The conference will provide an opportunity to establish links between representatives of programs against stigma in different countries and professions as well as people with lived experience of mental illness.

The aim is to create an overview on research, campaigns and other initiatives combating stigma as well as providing a deeper understanding of effective methods for identifying and challenging knowledge, attitudes and behavior constituting barriers in minds and society.

The conference is relevant for professionals, researchers, anti-stigma campaigners, politicians, people with lived experience of mental illness and their carers as well as others with a special interest in the field. The conference is hosted by the Danish national anti-stigma campaign ONE OF US in collaboration with the World Psychiatric Association’s (WPA) Stigma Section.

Find more information about the conference, the venue and registration on www.againststigma2017.com

THE OVERALL CONFERENCE THEMES ARE:
- People with lived experience of mental illness, their peers, relatives and carers
- Professionals, staff and clinical practice
- Youth and other special population groups
- Work and social inclusion
- Communication and the media

CONFERENCE THEME COLOURS

To help participants navigate the program: each conference theme has its own colour which appears throughout the parallel sessions; and some presentations cover more than one theme and then only the dominant theme colour will appear. All five conference themes are represented in each parallel session.

Orange indicates presentations that are of a more horizontal or general nature and light brown indicates the three courses. Participation in courses will require specific registration – more information will follow.

In the parallel sessions there are:
1) symposia (coded SY-) which have been coordinated by the presenters and
2) oral presentations (coded OR-) combined by the Steering Committee under a common headline which all presentations relate to.

Posters will be presented on day two in the lunch break. A list of posters can be found on page 16.
### PARALLEL SESSION 1: 11.30-13.00

<table>
<thead>
<tr>
<th>ROOM</th>
<th>TOPIC</th>
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</table>
| PLENARY | SY-1: Overcoming stigma in the media: Initiatives, challenges, and future directions  
Rebecca Palpant Shimkets  
Michael Pierrus/Romie Christe  
Ariadna Rogers/Maël L. Mena |
| A | SY-2: Selective disclosure to decrease stigma  
Patrick Corrigan  
Jonathan E. Larson  
Nicolas Rüsch  
Sue McKenzie  
Lindsay Sheehan |
| B | OR-1: Stigma and recovery  
Lisa Korsbek: Illness insight and recovery: How to recover when engulfed in stigma and self-stigma?  
Christina Færch Jensen: Team Zest for Life – a non stigmatic approach |
| HOVEDBANEN | SY-3: Research and planning for the next stage of social change in England  
Sue Baker  
Jo Loughran |
| ENGHAVEPLADS | OR-2: Disclosure at the workplace  
1. Catherine van Zelst: Disclosure of mental health complaints in the workplace  
2. Lone Hellström: Results of a supported employment intervention (IPS-MA), and the importance of disclosure.  
3. Johanne Bratbo: Disclosure as part of an antistigma effort |
| VESTERBRO / TIVOLI | OR-3: Stigma and lived experience among mental health professionals  
1. Katrina Sior: Lived Experience and Stigma among Mental Health Service Providers  
2. Joseph S. Delucar: Associative Stigma among Mental Health Professionals: Converging Results From Three Studies  
3. Nicholas Lawson: Structural Stigma and Discrimination Against Medical Students and Residents with Suspected Mental Disorders |
| AMAGER PARK | OR-4: Interventions for parents promoting disclosure about mental illness  
2. Jan Sandberg: Interventions for parents with mental illness  
3. Nanna Højstrøm: Personal story |
| KASTRUP | OR-5: School based mental health interventions  
1. Bettina Friedrich & Julia Schlemmer: Talk About Change: An Evaluation of a Mental Health Intervention in a Californian School  
2. Daniel Michelson: Stigma related to targeted school-based mental health interventions: a systematic review of qualitative evidence  
3. Ulla Lindgren & Camilla Würtz: Targeted upskilling of teachers strengthens the mental well-being of adolescents in youth education programmes |
| | 13.00 - 14.30 | Lunch  
Creative and dialogue area: Meet the anti-stigma programs  
Meet the editor of Stigma and Health Patrick Corrigan |
## PARALLEL SESSION 2: 14.30-16.00

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<tr>
<th>ROOM</th>
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<tbody>
<tr>
<td>PLENDARY</td>
<td>SY-5: Lessons from evaluation of three anti stigma programmes</td>
<td>HOVEDBANEN</td>
<td>OR-6: Double stigma in the mental health care system</td>
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<tr>
<td></td>
<td>Claire Henderson, Gaia Sampogna, Heather Stuart</td>
<td></td>
<td>1. Sidsel Busch &amp; Katrine Shepelern Johansen: Stigma turns patients with co-occurring mental health and substance use disorders into non-patients without rights to proper and competent treatment in the psychiatric treatment system in Denmark</td>
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<td></td>
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<td>2. Ivan Christensen: Stigma in the psychiatric system against drug users</td>
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<tr>
<td>A</td>
<td>SY-6: Inequality in somatic health care</td>
<td>ENGHAVEPLADS</td>
<td>SY-7: Stigma and its impact on suicide attempt survivors</td>
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<tr>
<td></td>
<td>Johanne Bratbo, Laura Kirk-Kuhr</td>
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<td>Patrick Corrigan, Nathalie Oexle, Lindsay Sheehan, Laura M. Frey</td>
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<tr>
<td>B</td>
<td>SY-8: Mental health and diversity works!</td>
<td>KASTRUP</td>
<td>OR-7: Stigma and bipolar disorder</td>
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<td>2. Conor Kennedy: Exploring Stigma towards Depression in Rural Ireland</td>
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<td>3. Dan Price: My journey to wellness</td>
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<tr>
<td>VESTERBRO / TIVOLI</td>
<td>OR-8: Stigma as a barrier for caregivers' help-seeking</td>
<td>AMAGER PARK</td>
<td>SY-9: Overcoming digital barriers: Results of beyondblue research into stigma reduction using digital interventions</td>
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<tr>
<td></td>
<td>1. Petra Gronholm: Examining Stigma and Young People's Pathways to Care</td>
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<td>Andrew Thorp, Alison Kennedy, Devon Indig</td>
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<td>2. Shirli Werner: Family stigma among caregivers of individuals with a dual diagnosis of intellectual disability and mental illness: Is it a barrier to help-seeking?</td>
<td>CINEMA</td>
<td>OR-9: Stigma among special population groups</td>
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<td>3. Mads Trier Blom: The fool who changed the game</td>
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<td>1. Victoria Frye: Mental Health and HIV Stigma</td>
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<td>2. Perlo Werner: Public stigma towards a person with Alzheimer's disease: Comparing beliefs towards a young-onset and late-onset person</td>
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<td>3. Lauren O'Connor: Experience of Dual Self-Stigma Among Lesbian, Gay, Bisexual, Transgender and Queer Persons with Severe Mental Illness</td>
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### 16.00 - 16.30
- A label, an illness or a curse? - Renaming schizophrenia
  - Norman Sartorius, Co-chair, WPA Stigma Section
  - Presenters: Antonio Lusvita, Psychiatrist
  - Charlene Sunkel, Program Manager, South African Federation for Mental Health
  - Stefan Riffle, ONE OF US ambassador
  - Torsten Bjorn Jacobsen, President, Danish Psychiatric Association

### 18.00 - 19.30
- Introduction to reception in plenary: Welcome from partners of ONE OF US and funders of the conference - why is supporting anti-stigma programs important?
  - All partners of ONE OF US:
    - Soren Brasraen, Director General, The Danish Health Authority
    - Martin Lund, President, ONE OF US
    - Mette Meldgaard, Program Manager, The Danish Foundation TrygFonden
    - Michael Bjorn Nelemann, Director, The Obel Family Foundation
    - Jesper Mikkelsen, President, The Psychiatry Network
    - Anne Lindhardt, President, The Danish Mental Health Fund
    - Representative, The National Board of Social Services
    - Representative, Local Government Denmark (KL)
    - Charan Nelander, Director, The Danish Committee for Health Education
  - Reception: Reception in the creative and dialogue area
### DAY 2: 21. SEPTEMBER

<table>
<thead>
<tr>
<th>TIME</th>
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<tbody>
<tr>
<td>8.00 - 9.00</td>
<td>Registration, coffee, tea, fruit, croissant</td>
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<td>Creative and dialogue area</td>
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<td>9.00 - 10.30</td>
<td>Communication and the media: How to change representations of mental illness in the media including social media</td>
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<td>Ulrik Haagerup, Director, Constructive Institute</td>
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<td>Line Augusta Nordbro, Cross Media Editor, Danish Broadcasting</td>
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<td>Rebecca Palpant Shimkets, The Carter Center</td>
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<td>Troels Torp, ONE OF US Ambassador</td>
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<td>Sue Baker, Time to Change</td>
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<tr>
<td>10.30 - 11.00</td>
<td>Break</td>
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<td>Creative and dialogue area</td>
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<tr>
<td>12.30 - 14.00</td>
<td>Lunch</td>
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<td>Poster presentations in creative and dialogue area</td>
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## PARALLEL SESSION 4: 14.00-15.30

<table>
<thead>
<tr>
<th>ROOM</th>
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</table>
| PLENARY | SY-14 Changing attitudes and overcoming stigma at work  
Sue Baker  
Michel Pietrus  
Madeleine McGivern |
| A | OR-15: Anti-stigma programs aimed at young people  
1. Jo Loughran: Developing insights driven anti-stigma programmes for young people  
2. Andis Tossas: Obertamers’ “What’s Up?” project has an impact on stigma levels among young Catalonians  
3. Laura Sharpe & Zoe Mason: “What’s on your mind?” A whole school population approach to challenging mental health stigma and discrimination |
| B | OR-16: Fighting stigma through peer support  
1. Nicolaj Holm Ravn Faber: How can peer support reduce stigma? And how do I work with peers?  
2. Klaus Serup Rasmussen & Anne Theggersen: Peer-support and des-stigmatization – promising cases from Denmark  
| ENGHAVEPLADS | OR-18: Antistigma interventions targeting professionals in somatic and social care  
1. Stephanie Knak: Understanding Stigma: Results of a Mixed Methods Evaluation of an Anti-stigma Program for Healthcare Providers in Canada  
2. Culum Ivning: Tackling stigma and discrimination in health and social care; a Scottish perspective on challenges and opportunities  
3. Francisco Jose Eiroa-Orosa: Validation of an instrument developed using participatory-action-research techniques to measure the effectiveness of training and sensitization activities with mental health professionals |
| KAstrup | OR-19: Reducing stigma in mental health treatment  
1. Andreas Hoff: Reducing Stigma in Psychiatric Assessments  
2. Pia Vedel Ankersen: The Influence of Psychiatric Treatments on Self-perceived Capabilities and Identity  
3. Lis-Lotte Effyd Vejen-Jensen: My personal story and recovery |
| VESTERBRO/ TIVOLI | OR-20: ONE OF US communication and activity strategy at national and regional level  
1. Tobias Enne: Communication and social media strategy  
2. Ulla Lindgren & Dorthe Randi Schmidt: Adolescents, staff and the labour market as important target groups for the ONE OF US initiative |
| AMAGER PARK | OR-21: Stigma and discrimination in Chinese communities  
1. Je Li: Stigma and discrimination experienced by people with schizophrenia living in the community in Guangzhou, China  
2. Je Li: Comprehensive interventions to reduce stigma and discrimination in schizophrenia: A Community-Based Randomized Controlled Trial in Guangzhou, China  
3. Tanning Zhang: Self-stigma Experience of People with Schizophrenia and their Family Caregivers - A Photo-Elicitation Study in a Chinese Rural Community |

## PARALLEL SESSION 5: 16.00-17.30

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<tr>
<th>ROOM</th>
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| PLENARY | SY-15: Best Practices in Stigma Reduction – the Canadian Context  
Michel Pietrus  
Sue Mercer  
Romie Christie  
Stephanie Knak |
| A | OR-22: Attitudes among mental health professionals  
1. Mariangela Lanfredi: Mental health professionals’ attitudes toward people with borderline personality disorder: an Italian survey  
2. Q Yuen: Attitudes to Mental Illness among Mental Health Professionals Working in Singapore - Evidence from a Cross-sectional Study  
3. Eva Tůlkoová: Attitudes of Czech nurses working in the field of psychiatry towards people with mental illness and community care |
| B | OR-23: Analysis of media coverage and interventions  
2. Rebecca Palpant Shinkets: A Content Analysis of Articles from The Rosalyn Carter Fellowship for Mental Health Journalism Program: Use of Associated Press Stylebook guidelines on mental illnesses  
3. Joanne Bratba: Analysis of mental illness in the Danish media |
| ENGHAVEPLADS | OR-25: Antistigma and social inclusion in low resource settings  
1. Erica Breuer: Stigma-related knowledge, attitudes and behaviour towards people living with mental illness in India and Nepal: a cross-sectional study  
2. Cokarda Bagus Jaya Lesmana: From Darkness into the Light: The case of the confined and physically restrained mentally ill individuals in Bali, Indonesia  
3. Prakash Goossens: Global campaign “Breaking the chains of stigma in mental health” |
| KAstrup | OR-26: Alternative activities to improve mental health  
1. Anja Rammacher: When riding the bike, everybody’s equal  
2. Liesbeth Tijp: Choir project to change mental health stigma  
| VESTERBRO/ TIVOLI | OR-27: Antistigma interventions in low resource settings  
1. Pål Knolli Maukn: Perceptions about stigma related to mental health in rural India: a mixed methods assessment of stigma  
2. Sauharda Rai: Involvement of caregivers and family to promote mental health service user’s participation in stigma reduction programs  
3. Ihabamtu Baggal: Producing weekly 30 minutes television show which promote the reduction of mental health stigma |
| AMAGER PARK | SY-16: Educating our children and youth about mental illness: The cases of two organisations visiting Danish primary schools and high schools  
Jesper Kjærgaard Kjær  
Susanne Dyvreth  
Signe Hauklov  
Nick Asadzadeh  
Marlene Back |
| AMAGER PARK | SY-18: Starting a stigma program  
1. Open, Honest, Proud, Patrick Corrigan & Jonathon E. Larson  
2. Using scales, Claire Henderson & Petra Granholm  
3. Starting a stigma program, Heather Stuart |
DAY 2: 21. SEPTEMBER

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<tr>
<td>17.30 - 17.45</td>
<td>Break Creative and dialogue area</td>
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<tr>
<td>17.45 - 19.00</td>
<td>Achievements in the field of mental health – barriers overcome</td>
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<td>Chair: Norman Sartorius</td>
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<td>Presenters:</td>
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<td>Graham Thornicroft: Evidence of effective methods to reduce stigma and</td>
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<td>discrimination</td>
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<td>Pallab Maulik: Result from anti-stigma campaign in rural india</td>
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<td>Cokorda Bagus Jaya Lesmana: Anti-stigma work in Indonesia</td>
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<td>19.00 - 19.40</td>
<td>HarmonyChoir: A two-month choir project to improve mental health</td>
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<td>and change mental health stigma</td>
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<td>HarmonyChoir &amp; University of Edinburgh</td>
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DAY 3: 22. SEPTEMBER

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<td>8.00 - 9.00</td>
<td>Registration, coffee, tea, fruit, croissant Creative and dialogue area</td>
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PARALLEL SESSION 6: 9.00-10.30

**ROOM** | **TOPIC** | **PLENARY** | **TIME** | **ROOM** | **TOPIC**
---|---|---|---|---|---
SY-17: Labeling, self-concept, help-seeking and disclosure: From youth and highrisk groups to the military | Nicolai Rüsch, Sara Evans-Lacko | *Creative and dialogue area* | 10.30 - 11.00 | ENGHAVEPLADS | Structural and individual interventions related to the labor market
1. Iben Gammelgård: Personal and clinical recovery with the individual placement and support intervention in Denmark
2. Emely Ek Blæhr: Are social workers stigmatizing acute psychiatric hospital service users?

OR-28: Self-stigma and resilience | Lauren Armstrong: Factors influencing the relationship between stigma and self-esteem: A systematic review
Miquel Juncosa: Fighting self-stigma through activism
Maria Adele Bonde: Re-discovering myself by telling my story

OR-29: Interventions promoting mental health among young people | Trine Hammershøj: Headspace Denmark
Troels Torp: Personal Story

OR-30: Stigma as a barrier to help-seeking | Petra Granholm: Mental health-related stigma and pathways to care for people at-risk of psychotic disorders or experiencing first-episode psychosis: systematic review
Amanda Maranan: Relationships between self-stigma, loneliness, and depressive symptoms amongst women experiencing postpartum mood changes
Ziyan Xu: Interventions to improve help-seeking for mental health problems: A systematic review

OR-31: Structural and individual interventions related to the labor market | Iben Gammelgård: Personal and clinical recovery with the individual placement and support intervention in Denmark
Emely Ek Blæhr: Are social workers stigmatizing acute psychiatric hospital service users?
Sara Mosely, Emily Wooster, Lowri Wyn Jones: Workplace Wellbeing in Wales - Innovative Practice for Sustained Change

OR-32: Conceptualised interventions to improve knowledge and action | Michael Daniels: Mental Health First Aid in Denmark
Santhosh Loganathan: Artists’ experiences of enacting in a street play on mental health awareness

OR-33: Stigma and specific disease groups | Arsh V. Cherian: Stigma predicts severity of Major Depressive Disorder in Women Living with HIV in rural India
Perlo Werner: Stigma towards a person with Alzheimer’s disease: Comparing Jewish and Arab high school students’ beliefs
Axell M. Alterado: Characterizing Courtesy Stigma on Family Members of PTB Diagnosed Individuals Enrolled in DOTS in Cebu City, Philippines
## Work and Social Inclusion

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<thead>
<tr>
<th>Title</th>
<th>Authors</th>
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<tbody>
<tr>
<td>Disclosure decision aid for people with common mental disorders</td>
<td>Rie Poulsen</td>
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<tr>
<td>Engaging mental health service users through football: an evaluation of the ‘Coping Through Football’ Project</td>
<td>Bettina Friedrich, Oliver Mason</td>
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## People with Lived Experience of Mental Illness, Their Peers, Relatives and Carers

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<thead>
<tr>
<th>Title</th>
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<tbody>
<tr>
<td>Creative area: The mental health benefits of art</td>
<td>Bo Steen Jensen</td>
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<tr>
<td>ONE OF US ambassador survey - results</td>
<td>The ONE OF US Secretariat</td>
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<tr>
<td>Frequency and variables associated with stigma-discrimination in victims of the Colombian armed conflict</td>
<td>Adalberto Campo-Arias</td>
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<tr>
<td>Depression related stigma-discrimination complex among general population: a systematic review</td>
<td>Adalberto Campo-Arias</td>
</tr>
<tr>
<td>Correlates of internalized stigma levels of people with psychosis in the Czech Republic</td>
<td>Aneta Weissova, Miroslava Janoušková</td>
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<tr>
<td>Experiences of stigma faced by family members of people with severe mental illness in Taiwan</td>
<td>Chih-Cheng Chang</td>
</tr>
<tr>
<td>“So - what do you do?”</td>
<td>Bo Steen Jensen</td>
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<tr>
<td>I'm old, stupid and crippled: Self-stigma experience regarding age-related hearing loss</td>
<td>Dana David, Perla Werner</td>
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<tr>
<td>Family stigma among informal caregivers of persons with Alzheimer's disease: examining public and affiliate stigma</td>
<td>Perla Werner</td>
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## Youth and Other Special Population Groups

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<th>Title</th>
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<tbody>
<tr>
<td>Incremental intergroup contact interventions for public stigma reduction towards SMI people - a RCT with knowledge, attitude and behavior measures</td>
<td>Siyu Gao</td>
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<tr>
<td>Facilitating recruitment of patients with schizophrenia to a clinical trial</td>
<td>Bettina Ellen Granbech, Jørgen Aagaard</td>
</tr>
<tr>
<td>Relationships between traits empathy and stigma amongst university students</td>
<td>Amanda Maranan, Erika Portt</td>
</tr>
<tr>
<td>Can video interventions be used to effectively destigmatize mental illness among young people? A systematic review</td>
<td>Eva Tuskova</td>
</tr>
<tr>
<td>Anti stigma case competition in 25 high school classes</td>
<td>The ONE OF US Secretariat</td>
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<tr>
<td>“Simon has a diagnosis of clinical depression”: An experimental investigation into the effects of the depression label in adolescence</td>
<td>Louise Dolphin</td>
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## Professionals, Staff and Clinical Practice

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<tr>
<th>Title</th>
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<tbody>
<tr>
<td>Relationships between elements of stigma in the nursing student population: path analysis</td>
<td>Aneta Weissova, Miroslava Janoušková</td>
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<tr>
<td>Impact of reducing stigma on preferences for pharmacological versus psychological treatments in primary care mental health services</td>
<td>Anvita Bhardwaj</td>
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<tr>
<td>Flashpoint - How can a board game change the culture in a Psychiatric Hospital?</td>
<td>Ulla Hartvig, Susanne Fældager</td>
</tr>
<tr>
<td>How to address sleep difficulty when this is only one difficulty among many</td>
<td>Lea Gaulshøj Thomsen, Rikke Vorre Pedersen</td>
</tr>
<tr>
<td>The role of beliefs about illness and (social) anxiety in social functioning in psychosis</td>
<td>Liesbeth Tip</td>
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Courses
The three courses will take place during the fourth and fifth parallel session (21. September 14.00-17.30) at the conference and require a separate registration and additional payment of 300 Danish kr. (approximately 47 Euro).

There are a limited number of seats at each course on a first-come-first-served basis.

Registration
Ahead of the conference: Send an email to Lars Toft at lars.toft@regionh.dk clearly stating which course you wish to attend.

During the conference: If there are still available seats, please register at the conference registration desk in Øksnehallen.

Payment
Credit card payment upon arrival at the conference registration desk in Øksnehallen. Unfortunately we will NOT be able to receive cash.

CHOOSING AND USING OUTCOME MEASURES FOR ANTI-STIGMA PROGRAMME EVALUATION

Presenters/instructors:
Dr. Claire Henderson and Dr. Petra Gronholm

Description:
Why are there so many stigma measures? How do we choose among them for our programme evaluation? Can we just make up our own measure? How do we get the most useful information from those we do choose? How do we communicate our findings based on our chosen measures?

This course will examine these questions, to help you learn more about the options available to you and how to select and use appropriate measures for assessing stigma outcomes in your work.

The session is led by Drs Claire Henderson and Petra Gronholm, who have substantial experience of developing measures, reviewing the field of stigma measurement, choosing measures and using them for various target groups, including to evaluate anti-stigma interventions (e.g. Time to Change in England).

HONEST, OPEN, PROUD TO ERASE THE STIGMA OF MENTAL ILLNESS

Presenters/instructors:
Patrick W. Corrigan & Jon Larson

Description:
Self-stigma is an especially harmful result of mental illness. Research shows those who have disclosed aspects of their mental illness frequently report a sense of personal empowerment that enhances self-esteem and promotes confidence to seek and achieve individual goals. In this light, a group of people with lived experience developed the Honest, Open, Proud (HOP) program, a three-session group program run by pairs of trained leaders with lived experiences. Lessons include:

1. Considering the Pros and Cons of Disclosing.
2. There are Different Ways to Disclose.
3. Telling your Story.

Disclosure and one's story varies depending on lived experience. In this light, the original HOP has been adapted for college and high school students, across various cultures, and for differing conditions.

HOW TO SET UP AN ANTI-STIGMA PROGRAM ON A SHOE-STRING BUDGET

Presenters/instructors:
Heather Stuart, PhD
Bell Canada Mental Health and Anti-Stigma Research Chair
Queen’s University, Kingston, Ontario, Canada

Description:
Stigma reduction is a growing public health problem and many national governments have set up large and expensive anti-stigma programs, giving the impression that stigma busing is an expensive undertaking. Yet, experience has taught us that anti-stigma efforts need not be expensive and can occur in any part of the world. Even small, well targeted efforts can bring about real change in the lives of people who have a mental illness and their families. Participants will receive training materials that they can use to develop their own anti-stigma interventions using evidence informed practices and a few simple steps. By the close of the course, attendees will:

• Understand the nature of stigma and identify points at which the stigma cycle can be broken;
• Learn how to target anti-stigma programs to specific groups within the population (such as youth, health providers, media, or employees);
• Understand how to apply best practices in stigma reduction at individual, public, and organizational levels.
ABSTRACTS:

DAY 1
20. SEPTEMBER

A GLOBAL PERSPECTIVE ON OVERCOMING BARRIERS IN MINDS AND SOCIETY

Stigma is an international challenge and in many countries antistigma programs and campaigns have been initiated at a regional or national level. In the network Global Anti Stigma Alliance knowledge and inspiration is shared and a range of representatives will present barriers overcome or to be overcome from their different perspectives.

SY-1: OVERCOMING STIGMA IN THE MEDIA: INITIATIVES, CHALLENGES, AND FUTURE DIRECTIONS

Rebecca Palpant Shimkets, Michael Pietrus/Romie Christie, Ariadna Rogero/Angel L Mena
Chair: Brian Ravn Galsgaard

The Carter Center’s Rosalynn Carter Fellowships for Mental Health Journalism, the Mental Health Commission of Canada’s Opening Minds, Catalonia’s Obertament, and Andalusia’s 1 in 4 work to increase accurate reporting on mental health issues. The symposium will share each organization’s media initiatives, challenges, and discuss achievements and methods of evaluation.

SY-2: SELECTIVE DISCLOSURE TO DECREASE STIGMA

Patrick Corrigan, Nicolas Rüsch, Michelle Andra, Jon Larson, Sue McKenzie, Lindsay Sheehan, Carolyn Rose, Nadine Mußlinger, Fabian Holzhausen, Gerd-Dieter Willmund, Peter Zimmermann

Honest, Open, Proud (HOP) creator, Pat Corrigan, will chair the symposium on community-based approaches to adapt HOP. HOP Adaptations include Nicolas Rüsch: for German military members, Michelle Andra and Jon Larson: within the U.S. VA, Sue McKenzie: for high school children, and Lindsay Sheehan: for people harmed by suicide stigma.

SY-3: RESEARCH AND PLANNING FOR THE NEXT STAGE OF SOCIAL CHANGE IN ENGLAND (TIME TO CHANGE)

Sue Baker, Jo Loughran

9 in 10 people with mental health problems in England (using secondary services) report discrimination. For 10 years Time to Change has delivered a programme that has reduced discrimination levels, improved public attitudes and behaviour and empowered people to challenge stigma.

Following two years of reviews and research we are now extending public attitude and behaviour change to new audiences. This session with explore the findings and the future strategy and the roles that social marketing, digital, communications, lived experience leadership, employers, schools, will play.

OR-1 STIGMA AND RECOVERY

1. Illness insight and recovery: How to recover when engulfed in stigma and self-stigma?
Lisa Korsbæk

The presentation reflects on ways to recovery when engulfed in stigma. It uses scientific evidence and lived experience, and grasps insight of human development in some parts of earlier therapeutic thinking. It, thereby, introduces a concept of co-recovery that questions the importance of illness insight and challenges stigma and self-stigma.

2. Formation: A key tool for Recovery and fight of stigma and discrimination
Guadalupe Morales Cano

A person with a mental health problem suffers from stigma, discrimination which compromises his/her quality of life. Learning self-management in a multidisciplinary course including peers2peers knowledge makes it possible to become an expert by experience and obtain a larger degree of political consciousness.

3. Team Zest for Life – a non stigmatic approach
Christina Færch-Jensen

A group of volunteers create a foundation for hope and change for people whom often experience themselves stigmatized. Their encounter is a meeting between peers, as the volunteers have experienced issues with mental health themselves. The volunteers are ‘a living proof of recovery’ and inspire for change.
1. Disclosure of mental health complaints in the workplace
   Catherine van Zeb, Evelien Brouwers, Dorien Verhoeven, Jaap van Wreehe

People with mental illness are confronted with issues of disclosure of their mental health complaints. In a Dutch project, we further develop the Dutch translation of the 'Conceal or Reveal' decision aid on disclosure, addressing the needs of various stakeholders, among others people with lived experience, employers, HR professionals and reintegration professionals.

2. Results of a supported employment intervention (IPS-MA), and the importance of disclosure
   Lone Hellström

In a randomised trial the effect on return to work or education of a modified supported employment intervention (IPS-MA), aimed at supporting people with mood and anxiety disorders was investigated. Results may have been affected by lack of disclosure, which may have limited workplace accommodations resulting in difficulties retaining employment.

3. Disclosure as part of an antisigma effort
   Johanne Bratto

The risk of exclusion from the labour market is significant for people with mental illness. Many people fear that disclosure of mental illness will affect their career opportunities and one in five has called in sick stating somatic illness rather than the actual mental health problem. One of the aims of ONE OF US is to contribute to a more inclusive work place environment.

1. Lived Experience and Stigma among Mental Health Service Providers
   Katrina Scior, Kat Alcock, Tom Grice, Static Tay

Continuing stigma among mental health professionals is a concern. What happens when mental health professionals themselves experience mental health problems has rarely been asked though. Findings from two UK wide surveys regarding lived experience, stigma, disclosure and help-seeking, and the role of perfectionism among mental health professionals will be presented.

2. Associative Stigma among Mental Health Professionals: Converging Results from Three Studies
   Joseph S. DeLuca, Michelle P. Salyers

Professionals who work with clients with serious mental illness are believed to experience "associative stigma" (AS), the process by which people associated with a stigmatized group in society become discredited themselves. Results from three studies demonstrated that experiences of AS appear to be relatively common among MH professionals and are related to experiences of "burnout."

3. Structural stigma and discrimination against medical students and residents with suspected mental disorders
   Nicholas Lawson

Dr. Lawson will describe an ongoing project to measure discrimination by policies and practices of the US medical profession that restrict opportunities and wellbeing for medical students and residents who are labeled with a mental disorder. Dr. Lawson will discuss results from initial review of available evidence and implications for stigma-reduction efforts.

1. Starting the Conversation: a Parent-led Program for about Disclosing a Child's Mental Health Problems
   Jeneva L. Ohan, Kim Eaton, Patrick W. Corrigan

We recently developed a peer-led program for parents of children with mental health problems that guides them through making decisions about disclosing their child's mental health problems. This presentation will describe the participatory action research that led to developing the STC, as well as the content in the STC program.

2. Parents with mental illness
   Jan Sandberg

Prejudice, misunderstanding and taboos can lead to the stigmatisation of a parent who is suffering from mental illness and cast that person in the light of a 'less trustworthy' parent. More understanding is needed for the challenges facing the parents and children of a family where one parent's mental health is an issue.

3. Personal story
   Nanna Högström

This symposium brings together results of evaluations of three national anti-stigma programmes: Time to Change in England, Opening Minds in Canada, and ‘Hjärnkoll’ in Sweden. Their positive results demonstrate that there is more than one way to deliver an effective national anti-stigma programme. We identify two lessons to inform future work.
### SY-7: STIGMA AND ITS IMPACT ON SUICIDE ATTEMPT SURVIVORS

Patrick Corrigan, Lindsay Sheehan, Nathalie Oexle, Laura M. Frey

Three presentations provide insight on suicide stigma and its consequences from the perspective of suicide attempt survivors. The first describes interviews with attempt survivors, the second summarizes focus groups and interviews with attempt survivors, and the third presents results of a survey on family environment and disclosure of suicide attempt.

### OR-6: DOUBLE STIGMA IN THE MENTAL HEALTH CARE SYSTEM

1. Stigma turns patients with co-occurring mental health and substance use disorders into non-patients without rights to proper and competent treatment in the psychiatric treatment system in Denmark  
   Sidsel Busch, Katrine Shepelern Johansen
   
   The purpose of this study is to explore and describe first-person experiences of being a patient with co-occurring mental health and substance use disorder in the psychiatric treatment system in Denmark. The study finds that stigma turns these patients into non-patients without rights to proper and competent treatment in the psychiatric system.

2. Stigma in the psychiatric system against drug users  
   Ivan Christensen
   
   Homeless drug users are not welcomed in the psychiatric system. They are too noisy, demanding and can even in their misery and pain react with threats and violence. So they are left on their own on the streets with no treatment or care for their psychoses, mental illnesses and deep pain and agony.

### SY-6: INEQUALITY IN SOMATIC HEALTH CARE

Johanne Bratbo, Laura Kirk-Kuur

The life expectancy for people with severe mental illness is reduced by 15-20 years. This is often explained by referring to unhealthy lifestyle. But many patients with both mental and somatic illness experience discrimination in relation to their somatic health problems. Professionals may change their attitude or neglect to examine symptoms of somatic illness once they learn of the psychiatric diagnosis in the medical chart.

### OR-7: STIGMA AND BIPOLAR DISORDER

1. What's in a label? Bipolar disorder and schizophrenia  
   Oliver J. Mason
   
   The degree of stigma associated with bipolar disorder for those with the diagnosis, their families, and carers has been a relatively neglected area of research. After giving some background, I will present our own published work exploring public beliefs and attitudes towards bipolar disorder as well as discussing the effects of renaming disorders such as 'manic depression' and 'schizophrenia'.

2. Exploring Stigma towards Depression in Rural Ireland  
   Conor Kennedy
   
   Experiencing depression is associated with stigmatisation and discrimination across many facets of social life. This qualitatively focused mixed methods study aimed to uncover the extent to which this is true in rural Ireland, and the impact this is having upon opportunities for gaining social support for those experiencing the condition.

3. My journey to wellness  
   Dan Price
   
   At 5:45am on December 4, 2014, I was spotted by the Sydney (Aus) Harbour Bridge security guards, walking on a thin railing on the other side of the barbed wire safety fence. There was nothing stopping me from falling or jumping. My life literally hung in the balance. This is my story.
1. Examining caregivers’ stigma and young people’s pathways to care
   Petra Gronholm
   This study examined caregivers’ mental health stigma in relation to the utilisation of informal and formal support resources on young people’s pathways to care. Caregivers’ stigma was associated with some informal help-seeking outcomes, but not broader patterns that reflected both informal help-seeking and formal service use.

2. Family stigma among caregivers of individuals with a dual diagnosis of intellectual disability and mental illness: Is it a barrier to help-seeking?
   Shirli Werner, Ira Stern, Till Bewinkel, Wulf Rossler
   This study examined the association between family stigma and stigma towards seeking mental health services and help-seeking intentions amongst family caregivers of individuals with a dual diagnosis of intellectual disability and psychopathology. Results will be discussed in terms of policy and need for change in services allocated to individuals with dual diagnosis and their families.

3. The fool who changed the game
   ONE OF US Ambassador
   In 2004 I got the diagnose Bipolar Affective Disorder. I lived a dualistic life – pendling between opposites, between mania and depression, between being sick or well, between being controlled by the illness or by the doctors. But in 2010 I found an alternative “golden middle way”. This is my story.

4. Stigma, and dominant cultures of masculinity, are significant barriers to Australian men taking action against anxiety and depression, and a significant risk factor for suicidality. beyondblue is leading the way through world-first research and project development to reduce stigma’s impact. beyondblue and its contributing partners will present its overall approach to stigma reduction and results from the six ‘Stigma Reduction Interventions: Digital Environments’ (STRIDE Initiative) research projects into the use of digital platforms in stigma reduction amongst men.

5. Mental Health and HIV Stigma
   Victoria Frye
   Mental health and HIV/AIDS are two sources of stigma that may co-occur, yet there are few studies of or interventions to prevent these overlapping stigmas and their community-level sources. This presentation will discuss theoretical perspectives and identify key research questions to effectively reduce community-level HIV/AIDS and mental stigma.

6. Public stigma towards a person with Alzheimer’s disease: Comparing beliefs towards a young-onset and late-onset person
   Perla Werner, Lilach Raviv Turgeman
   We compared public stigma towards a young/older person with Alzheimer’s disease among 375 college students. Students exposed to the young-onset vignette reported significantly higher levels of stigma than students exposed to the late-onset vignette. The age of the person in the vignette was significantly and directly associated with cognitive stereotypes.

7. Experience of Dual Self-Stigma Among Lesbian, Gay, Bisexual, Transgender and Queer Persons with Severe Mental Illness
   Lauren O’Connor
   In a mixed methods study examining intersectional experiences of stigma and self-stigma among LGBTQ individuals with severe mental illness, participants reported experiences of discrimination and self-stigma specific to the intersection of these two identities (“dual alienation”). Additionally, participants endorsed more self-stigma related to mental illness than their LGBTQ identity.

Chair: Norman Sartorius
Presenters: Antonio Lasalvia, Charlene Sunkel, Stefan Tofte, Torsten Bjorn Jacobsen
A diagnosis can be a summary of symptoms but also a powerful carrier of stigma and damnation or of hope. Two persons who were given a psychiatric diagnosis will describe their experience and a psychiatrist will react to this. A review of current thinking about the use of the term schizophrenia will follow.

A LABEL, AN ILLNESS OR A CURSE? - RENAMING SCHIZOPHRENIA

Chair: Norman Sartorius
Presenters: Antonio Lasalvia, Charlene Sunkel, Stefan Tofte, Torsten Bjorn Jacobsen
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**ABSTRACTS: DAY 2 21. SEPTEMBER**

**COMMUNICATION AND THE MEDIA: HOW TO CHANGE REPRESENTATIONS OF MENTAL ILLNESS IN THE MEDIA INCLUDING SOCIAL MEDIA**

Ulrik Haagerup, Line Augusta Nordbo, Rebecca Palpant Shimkets, Troels Tarp, Sue Baker

The media has a major impact on the level of knowledge about mental illness in the general public. Dramatic news stories about people with mental illness and violence are considered to be "good stories" by journalists and maintain prejudice and myths. This affects the experience of people with mental illness and can impede disclosure and help-seeking. The panelists all work to challenge this profile.

**SY-10: THE INDIGO NETWORK**

Norman Sartorius, Graham Thornicroft, Claire Henderson, Maya Semrau, Sara Evans-Lacko, Mirja Koschorke

This presentation will summarise the work of the Indigo network, which is a collaboration between colleagues in 40 countries worldwide to undertake research related to reducing stigma and discrimination.

**SY-11: NARRATIVE ENHANCEMENT AND COGNITIVE THERAPY (NECT) FOR SELF-STIGMA AMONG PERSONS DIAGNOSED WITH SEVERE MENTAL ILLNESS: INTERNATIONAL APPLICATIONS AND RESEARCH FINDINGS**

Philip Yanos, David Roe, Lars Hansson, Lene Falgaard Eplov

Narrative Enhancement and Cognitive Therapy (NECT) is a manualized, group-based intervention that targets self-stigma. The present symposium will provide an overview of the implementation of, and research evidence on the effectiveness of, NECT in 4 countries: the US, Israel, Sweden and Denmark.

**OR-10: STIGMA AND SELF-STIGMA AMONG YOUNG PEOPLE**

1. Adolescents with personality disorders suffer from severe stigma
   Kirsten Catthoor

Adolescents with severe mental health problems experience a burden of stigma, as assessed in a sample of 131 youngsters. Personality disordered patients experience more stigma than adolescents with other psychiatric disorders. Borderline Personality Disorder is the strongest predictor of higher stigma. More severely personality disordered adolescents experience the highest stigma.

2. Self-stigmatisation among young people with a mental illness
   Lene Mosegaard Salbjerg, Pia Vedel Ankersen, Mette Marie Sørensen

Self-stigmatisation is a serious hindrance of recovery among people with a mental disorder. This study examines how young people with a mental diagnosis understand stigma and how stigma and self-stigmatisation affect their recovery process.

3. Adaptation and evaluation of the Honest, Open, Proud program for adolescents with mental illness
   Nadine Mußfinger, Nicolas Rüsch, Sabine Müller, Isabel Bügel, Velho Sokar, Michele Noterdaeme, Patrick W. Corrigan, Nicolas Rüsch

**OR-11: STRUCTURAL DISCRIMINATION**

1. Mental health patients and Danish Health Law - Stigma and Discrimination
   Annika Frida Petersen

A Danish PhD project in mental health law and human rights focusing on the structures of the Danish Health system and the legal framework of Danish health law and their potential contribution to structural discrimination and stigmatization of persons with mental illnesses.

2. Structural discrimination in Denmark
   Per Vendsborg

Institutional discrimination, policies of private or governmental institutions that intentionally or non-intentionally restrict the opportunities of people with mental illness has formerly not been thoroughly investigated in Denmark. An interdisciplinary group has been established to investigate the extent and the consequences on the initiative of a participant who earlier in his life has had a diagnosis of schizophrenia.

3. The Right to Recover
   Mads Fabricius

The personal story of a former mental patient, and how the diagnose keeps inducing problems, even long time after recovery from the illness. The story is a summary of the stigmatization and lack of legal work, in the field of recovering from a mental diagnose, as well as an overview of how many areas of the individual’s life that gets affected by the missing opportunity of getting recognized as free of disease.

4. The Danish Institute for Human Rights
   Maria Ventegodt Litsberg

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30

31
Heather Stuart, Micheal Pietrus, Sue Mercer

The workplace can play an essential role in maintaining positive mental health. It can also be a stressful environment that contributes to the rise of mental health problems and illness. This symposium shares solutions developed by the Mental Health Commission of Canada designed to create a psychologically safe and healthy workplace.

1. Inequality in Health - an analysis of health promotion for people with mental illness in an intersectoral perspective
Sylvia Johannsen, Anita Ulsing

Based on inequality in health prevention and health promotion for people with mental illness the Community mental Health Service in the Capital Region of Denmark and Frederiksberg Health Center established in 2016 a cross-sectoral collaboration project between psychiatry, municipal and general practice. The aim was to develop and test a model for cross-sectoral collaboration to increase health and quality of life for people with mental illness.

2. Improving lifestyle in people with severe mental illness: Are we running on the right path?
Helene Speyer, Merete Nordentoft

Lifestyle counselling might bridge the gap in life expectancy for people with severe mental illness, but the evidence supporting lifestyle interventions remains questionable. Based on a randomized clinical trial and a systematic review of the literature, we argue that time has come to move focus away from the individual, focusing on structural interventions.

3. Individual illness - Narrative stories of people with mental ill health
Kim Heyes

Few studies focus on the individuality of a mental health problem, yet the lived experience for a person with mental ill health is a very individual one. Through researching narrative stories, we can begin to appreciate their uniqueness, and use this to create new methods of treatment.

Dzmitry Krupchanka, Petr Winkler, Miroslava Janouskova, Sladana Strkalj Ivezic, Sara Evans Lacka, Maria Rubio, Miroslava Janoušková, Aneta Weassovi, Karolina Mládá, Nina Kruk, Norman Sartorius, Silvia Davey, Joanna Murray

There is a lack of research on stigma in Central and Eastern Europe. The symposium will bring together researchers on stigma from different parts of the region. Public, internalized,

Matthias R. Hastall, Alexander Röhm, Jan A. Finzi, Ute Ritterfeld

Main findings from a series of experimental studies are presented, in which effects of media portrayal characteristics (e.g., gender, disability type, or sexual orientation of a depicted individual) on stigma-related outcomes were measured. Implications for measuring and interpreting stigma-related media effects, for stigma-sensitive journalism, and for anti-stigma communication are discussed.

Jan A. Finzi, Matthias R. Hastall, Ute Ritterfeld

A 2x2x3x2 experimental study (N = 848) was conducted to examine the role of media portrayals and audience characteristics regarding stigmatization of homeless individuals. Findings will be discussed with respect to the role of news media for stigmatization, and regarding implications for effective anti-stigma interventions.

Bettina Friedrich

In the Danish/Swedish TV-production “The Bridge” one leading character is the female detective Saga Norén who has Aspergers. The series aims to portray Aspergers in a more empathy-driven, balanced, and realistic way. We will analyse the portrayal and we will deliberate in an interactive discussion the benefits of this approach.
1. Mental illness stigma among medical students and teachers

Jiri Pasz

This study aims to explore the level of stigmatization toward people with mental illness among medical students using cross-sectional study with a special focus on comparing students and teachers. The study is unique in terms of including both students and teachers. Teachers seem to be important for developing positive or negative attitudes towards people with mental illnesses at medical faculties, but the existing evidence base is scarce. This comparison shows complex insight into stigmatization at this particular faculty. Results suggest that there should be more focus on developing positive attitudes within medical faculties, especially among teachers.

2. The development and preliminary evaluation of a media-based health education intervention to reduce mental disorder-related stigma among nursing students in Jeddah, Saudi Arabia

Loujain Saud M. Sharif

This study aims to develop and evaluate the usability, feasibility and effectiveness of a media-based health education intervention to reduce mental illness among medical students using cross-sectional study with a special focus on comparing students and teachers. The study is unique in terms of including both students and teachers. Teachers seem to be important for developing positive or negative attitudes towards people with mental illnesses at medical faculties, but the existing evidence base is scarce. This comparison shows complex insight into stigmatization at this particular faculty. Results suggest that there should be more focus on developing positive attitudes within medical faculties, especially among teachers.

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Sue Baker, Madeleine McGivern, Micheal Pietrus, Andrew Thorp

Mental health stigma is an issue that employers cannot afford to ignore. We spend many of our waking hours at work, overcoming stigma in the workplace is therefore a huge part of how we overcome stigma in wider society. We will debate innovative approaches to working with employers, employees, and in workplaces around the world, to overcome mental health stigma.

1. Developing insights driven anti-stigma programmes for young people

Jo Loughran

From research and development to implementation; a Time to Change case study look at anti-stigma activity aimed at getting young people, aged 11 to 18, to think and act differently towards mental health. Using evaluated pilots to shape the next four years.

2. Obertament’s ‘What’s Up!’ project has an impact on stigma levels among young Catalonians

Anaïs Tosas

Obertament presents the results of its research into the impact of the youth project ‘What’s Up’, which targets secondary school students. The results of the study reveal that stigma levels among the intervention group dropped significantly in behavioural intention and attitudes in comparison with the control group.

3. “What’s on your mind?” A whole school population approach to challenging mental health stigma and discrimination

Laura Sharpe, Nick Jedrzejewski, Zoe Mason

See Me developed and embedded a ‘Whole School Approach’ addressing stigma and discrimination, whilst supporting early intervention and promoting help-seeking behaviours. The approach aligns policy, practice and participation supporting everyone within the community of interest; to build individual and collective capacity, taking action to address individual, passive and pervasive behaviours.

1. How can peer support reduce stigma? And how do I work with peers?

Nicolaj Holm Ravn Faber

In the Danish healthcare sector the introduction of peers and peer support have changed the approach on strategies for recovery. In this presentation the concept and value of peer support and peer-to-peer interventions will be discussed. Furthermore a necessary framework for peer interventions based on experience will be presented.

2. Peer-support and de-stigmatization – promising cases from Denmark

Klaus Serup Rasmussen, Anne Thagersen

In 2014-2018 three regions in Denmark are participating in a national trial of peer-support as an intervention for people with different mental health issues. How does peer-support create hope, new learning, new skills, help de-stigmatize mental health issues, and support empowerment- and recovery-oriented ways of thinking? This presentation highlights the results so far and future perspectives on peer-support in regards to stigma and self-stigma.

3. Peer support among persons with mental illness and addiction in Vejle Municipality

Michael Danielsen, Marie Nybo, Per Vendsborg

To increase recovery, decrease discrimination and reduce self-stigmatization Vejle Municipality and the Danish NGO Psykiatrifonden has worked together about a peer-project with voluntary unpaid peer-counsellors. The project has been completed with groups of users having serious mental illness. Now a new project is running with users having problems with abuse.
OR-17: People with lived experience overcoming barriers in minds and society

1. 1 in 4: Tackling stigma in Andalusia (Spain) from general public campaigns to empowering the associative movement
Pablo García-Caballero, Ángel Luis Mené, Andres López, Dolores Romero, Concepción Cuervas

An overview of the work done by the Andalusian strategy against stigma “1 in 4” is presented, highlighting the empowerment of users and relatives’ associative movements and the protection of human rights and dignity of people experts by mental health experiences.

2. No story, no glory: the power of ambassadors with lived experience
Ingrid van Ommen, Nykje Mulder, Gerdien Rabbers

A proven strategy to fight prejudice and stigma is encouraging personal contact between people with a mental illness and those who are not so familiar with mental illness. The active involvement of people with lived experience is therefore one of the fundamentals of the movement ‘Together Strong without Stigma’ in the Netherlands.

3. Reflections from the frontline – “ONE OF US” ambassadors break barriers
Mads Trier Blom

The fight against stigma is a movement that especially the ONE OF US ambassadors make alive on all levels in the Danish society. Since the ONE OF US campaign started in Denmark in 2011 the campaign ambassadors have been the “frontline barrier-breakers”. This is the story of how ambassadors break barriers in minds and society.

OR-18: Antistigma interventions targeting professionals in somatic and social care

1. Understanding stigma: Results of a mixed methods evaluation of an anti-stigma program for healthcare providers in Canada
Stephanie Knox, Romie Christie

This presentation reports on the results of an evaluation of a brief anti-stigma intervention targeting healthcare providers in Canada. We report results showing reductions in stigma from pre to post intervention with maintenance of scores at follow-up for participants who attended a booster session. Qualitative results revealed a number of important themes about main program benefits and intended behaviour change.

2. Tackling stigma and discrimination in health and social care: a Scottish perspective on challenges on opportunities
Colin Irving

See Me wants to see a health and social care system at the heart of efforts to reduce stigma and discrimination. However many people with lived experience report significant stigma and discrimination to this day. See Me’s challenge is as much about change in complex systems as it is stigma and discrimination. The presentation will give an insight into the approaches we are trying and what we hope to achieve.

3. Validation of an instrument developed using participatory-action-research techniques to measure the effectiveness of training and sensitization activities with mental health professionals
Francisco José Eiroa-Orosa

In this presentation, we will present a novel instrument developed using participatory-action research techniques for the evaluation of the effectiveness of training and sensitization activities. Additionally we will present the results of training activities carried out “in first person” by mental health peers with mental health residents and practitioners. Our results show statistically significant changes in general attitudes and beliefs, especially in dimensions related to paternalistic attitudes.

OR-19: Reducing stigma in mental health treatment

1. Reducing stigma in psychiatric assessments
Andreas Hoff

Diagnostic classifications has benefits and drawbacks, the latter being a risk of stigmatizing. In our research project we carefully designed the diagnostic process to reduce stigmatizing by utilizing an approach that is 1) narrative, 2) pragmatic and 3) person centered, and includes 3) continuous and direct supervision of assessors.

2. The influence of Psychiatric Treatments on Self-perceived Capabilities and Identity
Pia Vedel Andersen, Nonna Linskov Stark Christiansen, Lene Mosgaard Sebørø

Stigmatization obstruct the fulfillment of the life potential of psychiatric service users. If differences in treatment are associated with difference in stigmatization the treatment associated with the least degree of stigmatization should be preferred. We compare Crisis Resolution Treatment (CRT) a short-term acute psychiatric home-based treatment to hospitalization (TAJ).

3. Personal story
Lise-Lotte Eyrud Vøjen-Jensen

OR-20: One of us communication and activity strategy at national and regional level

1. Communication and social media strategy
Tobias Enné

Transforming knowledge about effective methods for antis stigma interventions into a concrete communication strategy and use of social media from the perspective of PrimeTime, the communication agency cooperating with ONE of US. Important lessons learned breaking down stigma with a strong focus on identification, language and targeted communication.

2. Adolescents, staff and the labour market as important target groups for the ONE-OF-US initiative
Ulla Lindgren, Darthe Randi Schmidt

Since the ONE-OF-US destigmatisation campaign started in 2011, all Psychiatric Information Centres in the five Danish regions have worked with initiatives targeted at adolescents, psychiatry staff, and the labour market, as these areas are central for creating a meaningful life.

OR-21: Stigma and discrimination in Chinese communities

1. Stigma and discrimination experienced by people with schizophrenia living in the community in Guangzhou, China
Jie Li

To investigate experienced stigma and discrimination and the associated risk factors in people with schizophrenia who live in the community in Guangzhou, China.

2. Comprehensive interventions to reduce stigma and discrimination in schizophrenia: A Community-Based Randomized Controlled Trial in Guangzhou, China
Jie Li

To assess the effectiveness of the comprehensive interventions, which integrated psychoeducation, social skills training, cognitive behavioral therapy and strategies coping with stigma and discrimination, on reducing stigma and discrimination in patients with schizophrenia in community of Guangzhou, China.

3. Self-stigma experience of people with schizophrenia and their family caregivers: A photo-elicitation study in a Chinese rural community
Tianming Zhang, Yin-Ling Irene Wong, Mao Sheng Ren, Daxia Kang

Mental illness stigma is a pervasive public health issue in China. This study recruited 16 family dyads (16 persons with schizophrenia and 16 family caregivers) from a Chinese rural community and adopted photo-elicitation interviews. The 16 family dyads were asked to use photos to capture the experiences of stigma in their daily lives.
SY-15: BEST PRACTICES IN STIGMA REDUCTION – THE CANADIAN CONTEXT

Micheal Pietrus, Romie Christie, Sue Mercer, Stephanie Knaak

The Mental Health Commission of Canada (MHCC) was formed in 2007 as a national catalyst for improving the mental health system. One of its initiatives is Opening Minds (OM), with a mandate to help reduce mental illness-related stigma. At the 2015 Stigma conference in San Francisco, OM received the award for the most Innovative Program internationally. This symposium provides an overview and update of the Opening Minds approach to reducing stigma, describes successful program models for combating stigma among youth, within healthcare and in the workplace. It will highlight key learnings and best practices gleaned from its ongoing research and evaluation activities with various community partners across the country.

OR-22: ATTITUDES AMONG MENTAL HEALTH PROFESSIONALS

1. Mental health professionals’ attitudes toward people with borderline personality disorder: an Italian survey
   Mariangela Lanfredi, Pedriní, Lasalvia, Ridolfi, Rassi and the Italian Attitudes Study Group

Multisite study aimed to investigate attitudes toward persons with Borderline Personality Disorders (BPD) in a large sample (n=860) of staff working in 24 Italian mental health services. Attitudes were more positive in psychologists and psychiatrists, and those who had received specific training on BPD, thus suggesting the need for education and training to reduce negative staff attitudes.

2. Attitudes to Mental Illness among Mental Health Professionals Working in Singapore - Evidence from a Cross-sectional Study
   Qi Yuan, Louisa Picco, Edalannayah Abdin, Shenlynn Chang, Baon Ying Chua, Siew Ann Chong, Mythily Subramaniam

Based on a sample of mental health professionals working in Singapore, the current study assessed the professionals’ attitudes to mental illness, and explored how different factors might affect their attitudes to mental illness. Findings from this study will be extremely helpful for future research and campaigns in this area.

3. Attitudes of Czech nurses working in the field of psychiatry towards people with mental illness and community care
   Eva Tušková

Community mental health centres (MHCs) are about to be established in the Czech Republic. We investigated attitudes of psychiatric nurses towards work in MHCs and the prevalence of mental health stigma among this group. Higher education contributes to lower levels of stigmatization and more positive attitudes towards community care.

OR-23: ANALYSIS OF MEDIA COVERAGE AND INTERVENTIONS

1. International Program Expansion, Development, and Sustainability: Building on a Proven Anti-stigma Media Intervention
   Eve Byrd

This oral presentation explains how the Rosalynn Carter Fellowships for Mental Health Journalism has expanded, developed and sustained the program internationally, shares outcomes achieved, and describes lessons learned developing a proven model in diverse cultures.

2. A content analysis of articles from the Rosalynn Carter fellowship for mental health journalism program: Use of associated press stylebook guidelines on mental illnesses
   Rebecca Palpant Shimkets

Since 1996, The Rosalynn Carter Fellowships for Mental Health Journalism program (RCJF) has provided support to journalists interested in mental health reporting. Building off a broader Symposium discussion, this oral presentation will discuss technical content analysis methods and results regarding RCJF fellows’ adherence to mental health reporting guidelines.

3. Analysis of mental illness in the Danish media
   Johanne Bratbo

Based on an analysis conducted by the Danish media analysis agency, Infomedia, and surveys among people with lived experience. The panel provides valuable new data that are used in press stories and strategically to point out important areas of intervention.

OR-24: EVALUATION TOOL FOCUSED ON A LIVED EXPERIENCE PERSPECTIVE

1. Development of a short version of the Discrimination and Stigma Scale (DISC) across seven different world regions
   Ioannis Bakolis, Sara Evans-Lacko

Discrimination and Stigma Scale (DISC) was developed to address aspects of experienced and anticipated stigma. However, its length is a disadvantage especially if implemented in country settings with limited human capacity and infrastructures. An eleven item global version of the DISC was developed with good psychometric properties.

2. The ONE OF US panel
   Anja Kare Vedelsby

The electronic ONE OF US panel was established in 2012 and quickly reached 2,000 panelists with lived experience of mental illness. On a regular basis, ONE OF US conducts surveys on attitudes and experience with different issues. The panel provides valuable new data that are used in press stories and strategically to point out important areas of intervention.

3. Ambassador Survey
   Anja Kare Vedelsby

ONE OF US ambassadors are people with lived experience. In a training course the ambassadors acquire skills to tell their personal story to different target groups and in different settings. Surveys among the ambassadors have documented that being a vital part of ONE OF US reduces self-stigma and increases recovery and empowerment.
### OR-25: ANTISTIGMA AND SOCIAL INCLUSION IN LOW RESOURCE SETTINGS

<table>
<thead>
<tr>
<th>Title</th>
<th>Authors</th>
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<tbody>
<tr>
<td>1. Stigma-related knowledge, attitudes and behaviour towards people living with mental illness in India and Nepal: a cross-sectional study</td>
<td>Erica Breuer, Sujit D Rathod, Vaibhav Murhar, Nagendra P. Luitel, Rahul Shidhaye, Mark Jodhao, Brandon Kohrt, Girmoj Medhini, Mirja Koschorke, Graham Thornicroft</td>
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</table>

This study describes the community knowledge, attitudes and behaviour towards people with mental illness living in Nepal and India. Using data from population based community surveys, we show that prejudicial attitudes and discrimination towards people living with mental illness remain high in both India and Nepal.

2. From darkness into the light: The case of the confined and physically restrained mentally ill individuals in Bali, Indonesia Cokorda Bagus Jaya Lemana

Chronic mental disorders’ treatments in Bali, and generally in Indonesia, tend to use the typical hospital-based approach. As a consequence, outpatients are left untreated and abandoned as “living zombie” or “wild beast”; nor do they receive any further course of medication or counseling. 91 patients were found being physically restrained.

3. Global Campaign ‘Breaking the chains of stigma in mental health’ Prakash Goossens

Global Campaign ‘breaking the chains of stigma in mental health’: a 200-years holistic evidence based psycho-social rehabilitation work of Fracarita International, the NGO of the Congregation of the Brothers of Charity in 28 countries in Europe, Africa, Americas and Asia.

### OR-26: ALTERNATIVE ACTIVITIES TO IMPROVE MENTAL HEALTH

<table>
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<tr>
<th>Title</th>
<th>Authors</th>
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<tbody>
<tr>
<td>1. When riding the bike, everybody’s equal</td>
<td>Anja Kammacher, Bo Rasmussen</td>
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</table>

In five days 70 people with mental illness and their staff biked through the country. We used biking for combating stigma and learned that on the bike everybody’s equal. Whether you suffer from a mental illness or is an employee, you have the exact same prerequisites to finish 350 km on bike.

2. Choir project to change mental health stigma                        | Liesbeth Tip                                 |

The HarmonyChoir project was aimed at raising awareness of and reducing mental health stigma, by forming an inclusive choir consisting of people with and without a history of mental health symptoms. A group of over fifty choir members rehearsed for 9 weeks and performed at the Edinburgh Fringe Festival in August 2016.

3. The Mental Health Benefits of Art                                 | Bo Steen Jensen                              |

Here we present personal expression through pictures as a way to show who we are. Not least in de-stigmatization purposes. Paint what you feel or show your true colors, instead of concepts such as diagnoses. Come by during the conference and join us in the LAP stand creative workshop.

### OR-27: ANTISTIGMA INTERVENTIONS IN INDIA AND NEPAL

<table>
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<tr>
<th>Title</th>
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<tbody>
<tr>
<td>1. Perceptions about stigma related to mental health in rural India: a mixed methods assessment of stigma</td>
<td>Pallab K. Maulik</td>
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</table>

This presentation will outline results of a mixed methods post-intervention assessment of a complex intervention in 12 villages in the state of Andhra Pradesh, India. The intervention involved delivering an anti-stigma campaign and technology enabled mental health services delivery involving task-sharing. The presentation will highlight the stigma perceptions.

2. Involvement of caregivers and family to promote mental health service user’s participation in stigma reduction programs | A. Kohrt, D John, E Dhakal, N Bhadra, A. Adesewa Adeleke, Bonnie N. Kaiser, Brandon A. Kohrt |

Family members play a crucial role in success of stigma-reduction interventions in which mental health service users play an active role. Effective engagement of service users can be enhanced through development of guidelines to constructively engage their families and other caregivers in the intervention.

3. Producing weekly 30 minutes Television show which promote the reduction of Mental health stigma. Habtamu Bagale

According to WHO report, August 2016, in Ethiopia, it is estimated that 15% of people are affected by major mental illness or substance abuse users. Hence, to reduce their stigma it is important to coordinate consecutive awareness creation events and producing educative program through influential media to address proper information to responsible bodies and general audience.
ABSTRACTS: DAY 3: 22. SEPTEMBER

SY-17: LABELING, SELF-CONCEPT, HELP-SEEKING AND DISCLOSURE: FROM YOUTH AND HIGH RISK GROUPS TO THE MILITARY

Nicolas Rüsch, Sara Evans-Lacko, Georg Schomerus, Lawrence H. Yang, Marianna York-Smith, Wagner Ribeiro, Petra Gronholm, Carolyn Rose, Fabian Holzhausen, Nadine Mulfinger, Silvia Krumm, Nathalie Oxle, Patrick W. Corrigan, Gerd-Dieter Willmund, Peter Zimmermann, Sven Speerforck, Simone Freitag, Silke Schmidt, Susanne Stolzenburg, Larry Seidman, Bill McFarlane, Cheryl Corcoran, Bruce G. Link, Caitlin Bryant, Donna Downing, Emily Kline, Kristen Woodberry

This symposium includes four studies on labeling and discrimination in youth, people with mental illness not using services as well as the military. Talks will cover stigma measurement; stigma and help-seeking; origins and impact of labeling associated with risk of psychosis; and disclosure of mental illnesses in the military.

OR-28: SELF-STIGMA AND RESILIENCE

1. Factors influencing the relationship between stigma and self-esteem: A systematic review
Lauren Armstrong, Katharine Rimes, Claire Henderson

Stigma is negatively associated with self-esteem. However, variation exists in terms of stigma impact suggesting differences in the way people react to stigma. A systematic review was conducted to investigate factors that underlie this relationship, which may shed light on important resilience factors in a number of stigmatised populations.

2. Fighting self-stigma through activism
Miquel Juncosa

Obertament presents the results of the studies on the positive effects of activism and Obertament's training on anti-stigma champions. The study shows reduced levels of self-stigma after the training and an increase of the empowerment and wellbeing of the participants.

3. Re-discovering myself by telling my story
Maria Adele Bonde

Storytelling has gained considerable attention as a means to support the process of mental health recovery. This presentation will outline how I used storytelling as a tool to break with self stigma and to re-discover myself in a new and meaningful version.

OR-29: INTERVENTIONS PROMOTING MENTAL HEALTH AMONG YOUNG PEOPLE

1. A generic and systematic approach to mentally challenged youth
Marie Arffmann

In most countries we observe more psychiatric diagnoses and poorer self-reported mental health among children and youth. We present a systematic generic web platform, Skolesundhed.dk (Schoolhealth.eu) developed in Denmark to support Danish Municipalities in their work with mental and somatic health among children and youth.

2. Headspace Denmark
Trine Hammershøy

The Australian-inspired youth initiative headspace is one of the leading initiatives helping vulnerable young people in Denmark. Rooted strongly on volunteers, networking and bridging, headspace Denmark is an example of how civil society can be a vital partner to local communities to help young people find their way in life and prevent stigma and social exclusion.

3. A personal story
Troels Torp


OR-30: STIGMA AS A BARRIER FOR HELP-SEEKING

1. Mental health-related stigma and pathways to care for people at-risk of psychotic disorders or experiencing first-episode psychosis: systematic review
Petra Gronholm

This systematic review synthesised qualitative, quantitative and mixed-methods evidence on stigma and pathways to care amongst people experiencing first-episode psychosis or clinical-level increased risk of developing psychotic disorder. The results constitute an empirically-based, conceptual model of how stigma can contribute to delayed help-seeking and access to care amongst these populations.

2. Relationships between self-stigma, loneliness, and depressive symptoms amongst women experiencing postpartum mood changes
Amanda Maransan, Miczy Teatro, Rosemary Scroch, Heather Baynton

Self-stigma can keep women from seeking treatment and support for postpartum mood disorders. In our sample (N=23) there were strong positive correlations between self-stigma and loneliness (r = .56, p < .01) and self-stigma and depressive symptoms (r = .66, p < .01). Implications for clinical practice are discussed.

3. Interventions to improve help-seeking for mental health problems: A systematic review
Ziyan Xu

This systematic review examined the efficacy of interventions to improve help-seeking for mental health problems. Published studies were searched in PubMed, PsycINFO, SSCI, EMBASE, Cochrane Controlled Trials Register, Psynindex and Chinese databases. Findings provide evidence of help-seeking interventions as well as identify gaps in the help-seeking intervention research, suggesting directions for future research.
### OR-31: STRUCTURAL AND INDIVIDUAL INTERVENTIONS RELATED TO THE LABOR MARKET

**1. Personal and clinical recovery with the individual placement and support intervention in Denmark**  
Iben Gammelgård, Thomas Christensen, Lene F. Eipløv, Sofie B. Jensen, Elsebeth Stenager, Kirsten S. Petersen

The Individual Placement and Support intervention may have an impact on personal recovery and may decrease depressive symptoms, but does not seem to have an impact on psychotic symptoms.

**2. Are social workers stigmatizing acute psychiatric hospital service users?**  
Emily Ek Blæhr, Nanna Limskov Stærk Christiansen, Pia Vedel Ankersen

A recent register based study has established that Crisis Resolution Treatment (CRT) service users retain a higher employment rate compared to hospitalized individuals (TAU) (2017). The question is whether this is due to treatment effect or the effect of less social and self-stigmatization in relation to CRT compared to TAU?

**3. Workplace Wellbeing in Wales - Innovative Practice for Sustained Change**  
Sara Moseley, Emily Wooster, Lowri Wyn Jones

An overview of Time to Change Wales’ approach to engaging employers in developing meaningful and long-term action plans to reduce workplace stigma and bring about systemic change in attitudes at work towards employees prone to mental health issues.

### OR-32: CONCEPTUALISED INTERVENTIONS TO IMPROVE KNOWLEDGE AND ACTION

**1. Mental Health First Aid in Denmark**  
Michael Danielsen, Per Vendsborg

To reduce stigma and increase the likelihood of helping behavior towards people with mental illness, the Australian concept: MHFA, was in 2013 introduced in Denmark. A beneficial effect was found in a randomized trial which was financially supported by TrygFonden. The MHFA has since been promoted in Denmark by Psykiatrifonden with both education of certified instructors and 12 hours courses for the public.

**2. Artists’ experiences of enacting in a street play on mental health awareness**  
Santosh Loganathan

The talk will outline artists experiences of enacting in a street play on mental illness. The artists who enacted in the play did not have previous experience of acting in a play related to mental illness. Their experiences would be useful in understanding their approach and involvement in such plays.

**3. Workplace Wellbeing in Wales - Innovative Practice for Sustained Change**  
Sara Moseley, Emily Wooster, Lowri Wyn Jones

An overview of Time to Change Wales’ approach to engaging employers in developing meaningful and long-term action plans to reduce workplace stigma and bring about systemic change in attitudes at work towards employees prone to mental health issues.

### OR-33: STIGMA AND SPECIFIC DISEASE GROUPS

**1. Stigma predicts severity of Major Depressive Disorder in Women Living with HIV in rural India**  
Anish V. Cherian, Shrinivasa Bhat Undaru, Helena J. Hapman, Veena Satyanarayana, Vasuki Prathyusha, Thennarasu Kandavel, Graham Thornicroft

The present study aims at exploring the inter-relation between stigma and mental health risk factors among women with HIV in rural India. We assessed 905 women living with HIV in south India. Our result indicate higher scores for stigma, stress and lower scores for social support predicted depression among women living with HIV.

**2. Stigma towards a person with Alzheimer's disease: Comparing Jewish and Arab high school students’ beliefs**  
Perla Werner, Yehudit Reuveni, Hanan Abo Jabel, Dana Prilutzki

We examined stigmatic beliefs towards a person with Alzheimer’s disease among Jewish and Arab high school students. Overall, stigmatic beliefs were moderate but significantly higher among Arab students. Ageist beliefs were associated to stigma.

**3. Characterizing Courtesy Stigma on Family Members of PTB Diagnosed Individuals Enrolled in DOTS in Cebu City, Philippines**  
Axell M. Alterado

Pulmonary TB in the Philippines cannot be eradicated with improved service delivery alone. An in-depth study of courtesy stigma on family members of PTB patients in Cebu City showed that even they perceived and experienced negative social regard. A holistic approach involving families in all phases should be institutionalized.
ABSTRACTS: POSTER PRESENTATIONS

WORK AND SOCIAL INCLUSION

Disclosure decision aid for people with common mental disorders
Rie Poulsen

Decision conflict about disclosing mental illness can be a barrier for job seeking activities or returning to work. The Conceal or Reveal (CORAL) decision aid has the purpose of minimizing decisional conflict about disclosure to an employer or colleagues. The CORAL pamphlet is being tested in the IBBIS project.

Engaging mental health service users through football: an evaluation of the ‘Coping Through Football’ Project
Betina Friedrich, Oliver Mason

‘Coping Through Football’ is a London-based project that uses football as a means to improve physical and mental well-being as well as social inclusion in people with severe mental health problems. We will present quantitative and qualitative evaluation results and discuss the future potential role of football in mental health.

PEOPLE WITH LIVED EXPERIENCE OF MENTAL ILLNESS, THEIR PEERS, RELATIVES AND CARERS

Creative area: The Mental Health Benefits of Art
Bo Steen Jensen

Here we present personal expression through pictures as a way to show who we are. Not least in de-stigmatization purposes. Paint what you feel or show your true colors, instead of concepts such as diagnoses. Come by during the conference and join us in the LAP stand creative workshop.

ONE OF US ambassador survey – results
The national secretariat of ONE OF US

ONE OF US ambassadors are people with lived experience. In a training course the ambassadors acquire skills to tell their personal story to different target groups and in different settings. Surveys among the ambassadors have documented that being a vital part of ONE OF US reduces self-stigma and increases recovery and empowerment.

Frequency and variables associated with stigma-discrimination in victims of the Colombian armed conflict
Adalberto Campo-Arias, Anyelly C. Ospina, Adriana R. Sanabria, Valeria M. Guerra, Beatriz H. Caamaño, Edwin Herazo

A quarter of the victims of armed conflict reported high perceived stigma-discrimination in the State of Magdalena, Colombia. The high perceived stigma-discrimination increases six folds the likelihood of depressive-emotional manifestations. It is needed to deepen study of complex-discrimination perceived stigma victims of armed conflict.

Depression related stigma-discrimination complex among general population: a systematic review
Adalberto Campo-Arias, Edwin Herazo, Guillermo A. Ceballos

Approximately one-third of general population presents some stigmatized-discriminated opinions about major depressive disorder. Few studies report prevalence of stigma-discrimination complex related to major depressive disorders. Better investigations are needed.

Correlates of internalized stigma levels of people with psychosis in the Czech Republic
Aneta Weissova, Miroslava janouskova

This study focuses on sociodemographic and illness-related correlates of internalized stigma among people with psychosis using community care. Results indicate that marital status, health status and time since initial contact with psychiatric care were associated with level of internalized stigma. Results could be used for targeting participants of anti-stigma interventions.

Experiences of stigma faced by family members of people with severe mental illness in Taiwan
Chih-Cheng Chang

Qualitative interviews with 20 family caregivers of people with severe mental illness were conducted to explore the experience of stigma and its impact on family members in Taiwan. Five main themes emerged to reflect the cultural interpretation of mental illness and families’ reactions and coping behaviours.

“So - what do you do?”
Bo Steen Jensen

How do you communicate about your mental issues to people? How do you explain to your loved ones, to friends and family and when is the appropriate time to tell new people about your issues? This is one of the issues faced by (ex-) psychiatric patients.

I'm old, stupid and crippled: Self-stigma experience regarding age-related-hearing loss
Dana David, Perla Werner

This qualitative study presents the experiences and uniqueness of self-stigma in 11 adults with age-related-hearing-loss using Corrigan’s conceptualization of self-stigma process formation and the Attribution model as its theoretical framework.

Family stigma among informal caregivers of persons with Alzheimer’s disease: examining public and affiliate stigma
Perla Werner

Family stigma was examined among 50 Israeli Arab informal caregivers of persons with Alzheimer’s disease. Moderate to high levels of public and affiliate stigma were reported. Higher levels of public and affiliate stigma were associated with lower levels of education and with increased number of hours invested in caregiving.
YOUTH AND OTHER SPECIAL POPULATION GROUPS

Incremental intergroup contact interventions for public stigma reduction towards SMI people - a RCT with knowledge, attitude and behavior measures
Siyu Gao

The research intends to analyze how different intensity and types of personal contact (no contact, partially direct contact, cooperatively personal contact), could affect public’s changes in awareness, attitude and behavior respectively. An RCT design will be conducted among college students and focus group will be followed after intervention.

Facilitating recruitment of patients with schizophrenia to a clinical trial
Betina Ellen Grønbech, Jørgen Aagaard, Svend Eggert Jensen

People with schizophrenia have higher rates of mortality especially due to cardiovascular disease. Recruitment to clinical trials requires a multifaceted strategy to empower patients. CardioSchizoStudyGroup has established a clinical trial to gain insight on among other things on recruitment of patients.

Relationships between trait empathy and stigma amongst university students
Amanda Maranzan, Erika Port

This study examined the relationships between perceived public stigma of mental illness, endorsed stigma of mental illness, and trait empathy among 477 students at a Canadian University. Perceived public stigma and endorsed stigma were negatively correlated (p < .01), and the relationship between these variables was influenced by empathy.

Can video interventions be used to effectively destigmatize mental illness among young people? A systemativ review.
Eva Tatlíková

A systematic review of 23 studies found that short video interventions might be effective in reducing stigma among young people. Video was found to be more effective than face-to-face educational sessions or simulation of hallucinations. The review generates recommendations for video interventions targeted at young people.

Anti stigma case competition in 25 classes
The national secretariat of ONE OF US

In 2016-2017 ONE OF US visited 25 classes in commercial upper secondary schools in Denmark presenting a personal story from an ambassador and information about stigma. As a marketing communication assignment the students had to come up with a campaign reducing mental health stigma among their peers.

"Simon has a diagnosis of clinical depression": An experimental investigation into the effects of the depression label in adolescence
Louise Dølphi

We examine the effects of providing a depression label versus continuum information about depression on Irish adolescent reactions to hypothetical peers (audiovisual vignettes) describing depressive symptomology. Neither type of information influenced adolescents’ responses. Stigma interventions should not necessarily target adolescent perceptions of psychiatric labels, but rather perceptions of symptomatic behaviour.

PROFESSIONALS, STAFF AND CLINICAL PRACTICE

Relationships between elements of stigma in the nursing student population: path analysis
Aneta Weissová, Miroslava Janoušková

This study aims to substantiate the socio-cognitive model of stigmatization grounded in individuals’ level of familiarity with people with mental illness. Data from high school nursing students supports the proposed model, however familiarity directly effects only knowledge and attitudes. Relationships between these aspects could justify certain destigmatization activities.

Impact of reducing stigma on preferences for pharmacological versus psychological treatments in primary care mental health services
Anvita Bhardwaj, Monu Dhakal, Sauharda Rai, Nagendra Luitel, Bonnie Kaiser, Brandon Kohrt

As part of the “Reducing stigma among healthcare providers to improve mental health services” (RESHAPE) study in Nepal, we examined attitudes toward pharmacological versus psychological treatments among primary care workers and the influence of stigma reduction on what type of treatment was preferred.

Flashpoint - How can a board game change the culture in a Psychiatric Hospital?
Ulla Hartvig, Gitte Vase, Susanne Foldager

Southern Region in Denmark has developed a board game for employees, students, patients and relatives to create a cultural change towards dialogue and prevention of violence and conflicts. It simulates everyday life in a psychiatric ward and creates a safe space to reflect, try new interventions and rethink own behavioral patterns.

How to address sleep difficulty when this is only one difficulty among many
Lea Gaultøj Thomsen, Niike Vorre Pedersen

Sleep difficulties and psychiatric disorders: How is it possible to address sleeping difficulties when this is only one difficulty among many? A method-development project in the social psychiatry in Denmark.

The role of beliefs about illness and (social) anxiety in social functioning in psychosis
Liesbeth Tip

In this study, the effect of beliefs about illness on how interpersonal fears influence social interaction were studied. Appraisals of illness and internalised stigma were measured in individuals at-risk for, and with treatment-resistant psychotic symptoms. Theoretical models were compared to study the effect of beliefs about illness on social functioning.
PRESENTATION OF SPEAKERS

**AAGAARD, JØRGEN**
Chief consultant, Professor, DMSc.
Aalborg University Hospital, Center of Psychosis Research, North Denmark Region.

**ALTERADO, AXELL M.**
Project Lead
Zuellig Family Foundation

**ANDRA, MICHELLE**
Michelle Andra, Ph.D. Licensed Clinical-Community Psychologist
Local Recovery Coordinator, Williams Jennings Bryan (WJB) Dorn Veterans Affairs (VA) Medical Center
Peer Support Supervisor Coordinator, Veterans Integrated Service Network 7
Previously Director of the Psychosocial Rehabilitation Recovery Center at the WJB Dorn VA Medical Center Honesty Open Proud (HOP) Master Trainer

**ANKERSEN, PIA VEDEL**
Pia Vedel Ankersen, Researcher, PhD.
Head of Program, DEFACTUM - Social & Health Services and Labour Market, Central Denmark Region
Contact email: piaaen@rm.dk

**ARFFMANN, MARIE**
Marie Arffmann, Master of Science
Project Coordinator at Schoolhealth.eu (Skolesundhed.dk)
Contact email: mas@sundkom.dk

**ARMSTRONG, LAUREN**
PhD Candidate, Institute of Psychiatry, Psychology and Neuroscience, King’s College London
Contact email: lauren.armstrong@kcl.ac.uk

**ASADZADEH, NICK**
Nick Asadzadeh, medical student.
National Leader of PsykOBS.
Contact email: psykobs@imcc.dk

**POSTER PRESENTATIONS**

**22. September 9.00-10.30**
Amager Park

**21. September 14.00-15.30**
Kastrup

**20. September 11.30-13.00**
A

**22. September 9.00-10.30**
B

**22. September 9.00-10.30**
A

**21. September 16.00-17.30**
Amager Park
SUE BAKER
Sue Baker OBE, Director, Time to Change. Sue leads Time to Change, England’s largest ever programme to end mental health stigma and discrimination. Time to Change is an ambitious programme (funded by the Department of Health, Comic Relief and the Big Lottery Fund) being delivered by leading mental health charities Mind and Rethink Mental Illness. Sue has previously worked for the leading mental health charity in New Zealand setting up marketing, campaigns and fundraising programmes and supporting the ground-breaking campaign to address the discrimination experienced by people with mental health problems.

Contact email: s.baker@time-to-change.org.uk

IOANNIS BAKOLIS
Dr Ioannis Bakolis, Lecturer in Biostatistics and Epidemiology. Dr Ioannis Bakolis is interested in how the urban environment (e.g. air pollution, noise, neighbourhood characteristics) affect the nervous system, as well as the epidemiology of common mental disorders. Ioannis work also extends on developing and implementing strategies to address stigma and discrimination in mental health services in local and global settings.

His methodological work involves exploring quasi experimental designs for evaluating public health interventions with the use of observational data (Regression Discontinuity design and Bayesian Difference in Differences) as well as developing valid psychometric tools for health services research. Along with his research work, Ioannis has given more than fifteen invited talks at academic departmentes and conferences worldwide (Centre for Disease Control, Royal Statistical Society, International Society of Environmental Epidemiology, International Biometrics Society, World Congress of Epidemiology) and has organized short courses at Imperial College London (ICL), Centre for Disease Control and Prevention (USA) and King’s College London.

Contact email: ioannis.bakolis@kcl.ac.uk

ANVITA BARDWAJ
Anvita Bhardwaj is currently a research assistant at George Washington University in Washington, DC working with Dr. Brandon Kohrt in the field of global mental health. Previously Anvita worked at the Duke Global Health Institute and graduated with a degree in Psychology from the University of North Carolina at Chapel Hill.

Contact email: abhardwaj@gwu.edu

MADS BLOM
As a background I’m physiotherapist - and more important... In my first job, I got sick by stress. In 2002, I had a mental breakdown. I had a second breakdown in 2004, and I got the diagnose bipolar affective disorder. In the years 2004-2010 I did what the doctors said, to stay well... But I got sick anyway in 2010. I feel 2010 became a turning point in my life. After 2010 I recovered my life. I recovered the control from the disorder – by giving it attention I could avoid losing control. I also recovered the responsibility from the doctors - so by using them as advisers, I kept in control of my life. In 2011, I did my first lecture about my lived experiences.

In 2012 I became ambassador in the campaign ONE OF US in Denmark, from the first group that was educated. By telling our stories from our lives, the ambassadors could break with Taboo, Silence and Doubt about mental illness. We often feel there is a lot of prejudice against the mental ill person, but given the taboo, I find it more meaningful to call it preunderstanding. In 2013, I got hired by the campaign, first 10 hours a week, later 20 hours a week, to teach and help the ambassadors in Region Zealand. In 2015, I also started my own company called InkluderFler, from which I do lectures and projects I call myself the tightrope walker. The metaphor clearly explains why prevention of control loss is so important.

I have two lectures on the conference: one about the experiences from the ONE OF US ambassadors in Denmark, and one of my own experiences about being an individual with mental illness, collaborating about recovery.

Contact email: mbl@regionsjaelland.dk – related to OR-17 Reflections from the frontline or Lindeandsen@inkluderfler.nu - related to OR-8 The fool who changed the game

EMELY BŁAHR
Emely Ek Blæhr, Master of Science in Mathematical Economics (cand.scient.oeccon.) Research Assistant and Health Economist at DEFACTUM, Central Denmark Region.

Previously studied Mathematical Economics at Aarhus University. Have been at DEFACTUM since 2014, first as a student worker and intern and later as a research assistant.

Contact email: emebla@rm.dk
PRESENTATION OF SPEAKERS

BONDE, MARIA ADELE
Maria Adele Bonde, Social worker.
Project consultant and Peer worker at Psyk-Info psychiatric hospital in North Jutland. Previously social worker at a home for people with mental and psychical disability. Previously diagnosed with depression and voluntary ambassador in ONE OF US.

Contact email: maria.b@rn.dk

BREUER, ERICA
Erica Breuer is a public mental health researcher. She has various research interests including the development and evaluation mental health services in low and middle income countries. She has also worked on studies evaluating measurement tools for mental illness, intervention studies of community based mental health services and epidemiological studies of mental illness in South Africa, Ethiopia, India, Nepal, Uganda and Kenya. Since 2011, she has been the project manager for the Programme for Improving Mental Healthcare (PRIME), a multi-country research programme which aims to develop, implement, evaluate and scale up mental healthcare plans in five low and middle income countries. Ms Breuer is based at the University of Cape Town, South Africa.

Contact email: erica.breuer@uct.ac.za

BUSCH, SIDSEL
Sidsel Busch, cand.scient.anth., Ph.D.
Project Manager, Competence Centre for Dual Diagnosis, Mental Health Services, DK.

Contact email: sidsel.staermose.busch@regionh.dk

BYRD, EVE
Eve H. Byrd, D.N.P., M.P.H., Director, Mental Health Program
Eve Byrd became director of the Carter Center’s Mental Health Program in February 2017. Prior to joining The Carter Center, she was a faculty member of the Nell Hodgson Woodruff School of Nursing at Emory University and served as executive director of the Fuqua Center for Late-Life Depression, Department of Psychiatry at the Emory School of Medicine.

She has held leadership positions both nationally and locally in work aimed at eliminating stigma and improving access to care for people with behavioral health disorders. She supported the Special Advisor to the Governor on Mental Health, engaging stakeholders in the process that resulted in a settlement agreement between Georgia and the U.S. Department of Justice.

Byrd has expertise in building coalitions to improve behavioral health policy. She has been a consultant to the Georgia Department of Behavioral Health and Developmental Disabilities, the Georgia Division of Aging, the Atlanta Regional Commission, National Association of Area Agencies on Aging, and Georgia State Rep. Pat Gardner. Until she joined The Carter Center, Byrd practiced as a nurse practitioner in geriatric psychiatry, establishing onsite services in affordable housing for older adults and young disabled, as well as practicing in a patient-centered medical home for individuals with dementia. She began her career as a public health nurse in Georgia.
Kirsten Catthoor (°1971) studied Medicine at the University of Leuven, and graduated as a clinical psychiatrist in 2002. She started her career as a psychiatrist in a psychotherapeutic centre in The Netherlands, where she treated adolescents with personality problems. She met many youngsters with psychic vulnerability who were constantly struggling with the conditions they had to deal with. What it meant for their quality of life, their relationships, their study or work. The majority of these adolescents suffered from a devastating shame for their vulnerability and limitations. The feelings of inferiority, the negative treatment by significant others, the prejudices and discrimination. The confrontation with this additional suffering led to a research project on stigma in patients with personality problems. In 2016, Kirsten Catthoor obtained a PhD degree in Medical Science at the University of Antwerp. At this time, she is working in a psychiatric hospital in Antwerp (Belgium), in a treatment program for persons with psychotic vulnerabilities. The same mechanisms on stigma are obvious in every daily encounter with patients. Therefore, the main purpose of the psychiatric practice in the hospital is recovery-oriented care. Kirsten Catthoor regularly writes opinions on stigma and recovery in Flemish media.

Contact email: kirstencatthoor@yahoo.com

Adalberto Campo-Arias, MD, Psychiatrist, Master of Science
Auxiliar professor, Medicine School at University of Magdalena, Santa Marta, Colombia. Director of Researches and Publication of Human Behavioral Research Institute, Bogota, Colombia.

Contact email: acampo@unimagdalena.edu.co or campoarias@comportamientosumanos.org

Bachelor in Journalism. Master courses of Spanish and Latin American Literature at University of California, Davis. Advocacy in Mental Health

After being diagnosed with a mental health illness, and losing her job because of that, Mrs Morales co-founded Fundación Mundo Bipolar (2004) and is the Director. This organization is a non-profit national NGO for people with live experience that fights for the rights of persons with psychosocial disabilities, based on the UN Convention of the Rights of Persons with Disability. It is focused on Recovery and works in Educational programs as: training peers2peers, and to professionals.

- Deputy Chair of ENUSP (European Network of (-ex) users and survivors of Psychiatry)
- Board Mental Health Europe (MHE)
- Board Member of WAPR (World Association for Psychosocial Rehabilitation)
- Member of the Stigma Section of WPA (World Psychiatry Association)
- Representative of patients at the Spanish National Strategy on Mental Health

PROFESSIONAL EXPERIENCE
Media: 15 years in the News section of TV National Channels
Teaching and Research
- Professor at Universitat Jaume I Castellón, Spain.
- Master on Psychosocial Rehabilitation Subject: Stigma and Mass Media
- Coordinator of the Projects and teacher of the Courses: Education: A tool for Recovery, fight of stigma and Emergencies in Mental Health

Had been professor at: Universidad Europea, Madrid, University of California, Davis. Producer film documentaries: From ill person to citizen and Stigma and mental health

Contact email: gm@mundobipolar.org

20. September
11.30-13.00

CHRISTENSEN, IVAN
Director at Mændenes Hjem

Contact email: cornelius@lap-kbh.dk

CHRISTIANSEN, CORNELIUS
Local chairman of the national association of psychiatry users (LAP Copenhagen) and member of the national board of (LAP LL). Member of the regional association for psychiatry organizations – det psykiatriske fællesråd. Used to study at the free high school (DFG) – school of democracy.

Passionate about politics and social justice and past political youth organizer. Former voicehearer and former patient of psychiatry. Father of one son and owner of one dog.

Contact email: cornelius@lap-kbh.dk

21. September
16.00-17.30

CHANG, CHIH-CHENG
Chih-Cheng Chang, Doctor of Philosophy, psychiatrist.
Attending Psychiatrist, Chi Mei Medical Center, Tainan, Taiwan.
Assistant Professor, Department of Health Psychology, Chang Jung Christian University, Tainan, Taiwan.

Contact email: rabiata@gmail.com

20. September
14.30-16.00

CHERIAN, ANISH V.
Dr., assistant Professor.
National Institute of Mental Health & Neuro Sciences.

22. September
0.00-10.30

Kastrup

poster presentations
CHRISTIE, ROMIE
Romie Christie, Manager - Opening Minds, Mental Health Commission of Canada.

Romie was instrumental in the creation of a direction for the Commission’s anti-stigma initiative, Opening Minds, which now follows an evidence-based and targeted approach to stigma reduction. Romie oversees Opening Minds’ youth, healthcare providers and news media anti-stigma work. She has forged partnerships across Canada with researchers, programmers, people with lived experience, stakeholder organizations, minority populations and mental health leaders. Previous to her time at the Commission, Romie worked for over two decades as a journalist, the majority of that time as a current affairs radio producer with the Canadian Broadcasting Corporation.

Contact email: rchristie@mentalhealthcommission.ca

CORRIGAN, PATRICK
Patrick Corrigan is Distinguished Professor of Psychology at the Illinois Institute of Technology. Currently, he is principal investigator of the National Consortium for Stigma and Empowerment, a collaboration of investigators and advocates from more than a dozen institutions. He also heads projects examining integrated care primary and behavioral health care in a health disparities framework. He has written more than 350 peer-reviewed articles, is editor emeritus of the American Journal of Psychiatric Rehabilitation, and editor of a new journal published by the American Psychological Association, Stigma and Health. Corrigan has authored or edited fifteen books, most recently, The Stigma of Disease and Disability. He also is part of the team that developed the Honest, Open, Proud series of anti-stigma programs.

Contact email: corrigan@iit.edu

CRUZ, PABLO GARCÍA-CUBILLANA DE LA
Mental health nurse, psychologist and university expert in relational psychotherapy & health promotion. I work as technical adviser in public mental health for the Andalusian Health Service and the Department of Health of the Regional Government of Andalusia, Spain. As part of my duties, I coordinate the Andalusian Strategy Against Stigma in Mental Health “1 in 4” (1 de cada 4).

Contact email: pablo.garcia-cubillana.sspa@juntadeandalucia.es

DANIELSEN, MICHAEL
Michael Danielsen, Master of Psychology, authorised psychologist, Chief Psychologist at The Danish Mental Health Foundation.

Contact email: mrd@psykiatrifonden.dk

DAVID, DANA
Dana David is a doctoral student in the department of Community mental health at the University of Haifa, Israel and an authorized audiologist. Her research interest is primarily in the understanding of age-related hearing impairment, hearing aids uptake and usage, stigma, theory of planned Behavior and health Behavior.

Contact email: dadana7@gmail.com

DELUCA, JOSEPH S.
Joseph DeLuca, Clinical Psychology PhD Student, Mental Health Recovery Research Lab, John Jay College of Criminal Justice, City University of New York (CUNY) & CUNY Graduate Center.

Contact email: jdeluca@gradcenter.cuny.edu

DERKS, KLAAS PIETER

Contact email: kderks@gmail.com
DOLPHIN, LOUISE

Dr Louise Dolphin, BA (Hons), PhD
Researcher – HIQA (Health Information Quality Authority, Ireland)
Previously Research Coordinator at Jigsaw: The National Centre for Youth Mental Health, and Postdoctoral Research Fellow in University College Dublin (UCD) analysing and disseminating data from the My World Survey: Ireland’s national survey of Youth Mental Health.

Contact email: Louise.e.dolphin@gmail.com

DYVESETHER, SUSANNE

Susanne M. Dyvesether, medical student.
Finance Manager of PsykOBS.

Contact email: susannedyvesether@gmail.com

EIROA-OROSA, FRANCISCO JOSE

Francisco José Eiroá Orosa, Doctor of Philosophy, accredited psychotherapist.
• Marie Sklodowska-Curie researcher at the Universities of Barcelona and Yale.
• Scientific advisor and activist, Obertament, the Catalan alliance against stigma.
• Chair for Research, Development and International Relations, Veus, Catalan Federation of First Person Mental Health Organisations.

Contact email: feiroa@ub.edu

ENNÉ, TOBIAS

Head of digital and creative, Primetime
3+ years of agency work with ONE OF US including work with anti stigma on social media platforms.

Contact email: te@primetime.dk

EPLOV, LENE FALGAARD

Lene Falgaard Eplov, Research senior consultant, PhD
Head of program for research in rehabilitation, recovery & shared care at Research Unit Copenhagen. Research field: clinical and personal recovery; rehabilitation; interprofessional collaboration; randomized trials.

Contact email: Lene.Falgaard.Eplov@regionh.dk

EVANS-LACKO, SARA

Sara Evans-Lacko, Associate Professorial Research Fellow, PSSRU, London School of Economics and Political Science
Sara Evans-Lacko is a mental health services researcher with a particular interest in the role of health services and social support in the prevention and treatment of mental illness and understanding these issues from a global perspective. She has particular expertise in evaluating the social and economic impact of public health interventions, including anti-stigma campaigns such as Time to Change in England.

Contact email: S.Evans-Lacko@lse.ac.uk
**FABER, NICOLAJ HOLM RAVN**
NicolaJ Holm Faber MA in philosophy and rhetorics
Chief consultant at the Danish Committee for Health Education
T-trainer in CDSMP see www.laerattackle.dk
Contact email: nhf@sundkom.dk

**FINZI, JAN A.**
Jan Finzi, M.A., is a PhD Student and fellow of the TU Dortmund University's Faculty of Rehabilitation Sciences. In his dissertation, he examines factors contributing to the stigmatization of homeless individuals and the roles that mass media and gender roles play in this process.
Contact email: jan.finzi@tu-dortmund.de

**FOLDAGER, SUSANNE**
HR Consultant, Mental Health Services, Region of Southern Denmark
Masters degree in Communications and Intercultural Studies
Contact email: Susanne.foldager@rsyd.dk

**FREY, LAURA M.**
Laura M. Frey, Ph.D., Licensed Marriage and Family Therapist
Assistant Professor of Couple & Family Therapy
Kent School of Social Work, University of Louisville, United States
Conference Chair of 2016 American Association of Suicidology Annual Conference
Contact email: laura.frey@louisville.edu

**FRIEDRICH, BETTINA**
Bettina Friedrich, PhD in Psychology
Research Associate at the Department of Clinical, Educational and Health Psychology, University College London. Bettina is currently working on the evaluation of a football intervention for people with mental health problems (PI: Dr. Oliver Mason, UCL). Bettina has previously worked in research areas around mental health and mental health stigma at University of Sydney, King's College London and University of California San Diego. She is also producing the quarterly newsletter for the Global Anti-Stigma Alliance (GASA).
Contact email: B.Friedrich@ucl.ac.uk

**FRYE, VICTORIA**
Associate Medical Professor, City University of New York (CUNY) School of Medicine, New York, NY, USA.
Previously Head of the Laboratory of Social and Behavioral Sciences of the New York Blood Center and Assistant Professor of Clinical Sociomedical Sciences at the Mailman School of Public Health, Columbia University.
Contact email: Vfrye@cuny.med.edu
GAMMELGÅRD, IBEN
Iben Gammelgaard is MD, PhD student in psychiatry.
Contact email: iben.gammelgaard.nielsen@rsyd.dk

GAO, SIYU
Siyu Gao, Master of Science.
Master of Philosophy (MPhil) Candidate, Department of Social Work and Social Administration, The University of Hong Kong.
Contact email: gaosiyu@hku.hk

GRONHOLM, PETRA
Petra Gronholm is a Research Officer at the Personal Social Services Research Unit at the London School of Economics and Political Science. Before this she held a Postdoctoral Research Associate post at the Health Service and Population Research Department at the Institute of Psychiatry, Psychology and Neuroscience at King’s College London. Petra’s research interests focus on young people’s mental health, including understanding the experience of emerging mental health problems, mental health promotion, prevention and early intervention strategies, and stigma-related influences on help-seeking and service contact processes. Petra’s PhD thesis explored stigma on young people’s pathways to care in relation to early at-risk stages of psychosis, and she co-leads an MSc module on Research on Stigma and Discrimination.
Contact email: petra.gronholm@kcl.ac.uk

GRØNBECH, BETTINA ELLEN
Psychiatric nurse; Master of Public Health, Aalborg University Hospital, Center of Psychosis Research, North Denmark Region.

HAAGERUP, ULRIK
Former Executive Director of News at DR and Founder of Constructive Institute, Denmark

HABTAMU, BOGALE
Habtamu Bogale, MA in Psychology. He is a very well-known television program producer and music writer in Ethiopia for more than 20 years.
Now working as Communication Advisor of HSFR/HFG Project – USAID funded project, which works on health care Financing and Community Based Health Insurance in Ethiopia. He is also managing his production company called CDPHP, which works on health promotion and anti-mental health stigma campaign.
Previously he worked as program producer for Ethiopian Television, Mental Health Communication advisor for Ethiopian Ministry of Health, General Secretary for Ethiopian Psychologists Association.
Contact mail: libonaethiopia@yahoo.com

HAMMERSHØY, TRINE
Trine Hammershoey, Master of Arts, Communication Studies.
Managing Director of the Danish NGO, Det Sociale Netvaerk (The Social Network)/headspace Danmark and appointed member of the National Council for Volunteering (Denmark) by the Danish Minister for Children and Social Affairs.
Previously Head of Communications, The Danish Prime Minister's Office and Consultant at The European Parliament.
Contact e-mail: th@detsocialenetvaerk.dk
HANSSON, LARS
Lars Hansson, PhD
Professor in mental health services research, Department of Health Sciences, Lund University, Sweden. Previously head of a national knowledge centre: Centre for Evidence-based Psychosocial Interventions for People with Severe Mental Illness, CEPI, and is currently head of the scientific advisory board at the Swedish Agency for Health Technology Assessment and Assessment of Social Services.
Research focus: psychosocial interventions for people with severe mental illness and stigma and discrimination of people with mental illness.
Contact email: lars.hansson@med.lu.se

HARTVIG, ULLA
Projectleader, Psykiatrien i Region Syddanmark

HASTALL, MATTHIAS R.
Matthias R. Hastall, Ph.D., is Professor for Qualitative Research Methods and Strategic Communication for Health, Inclusion and Participation at the TU Dortmund University's Faculty of Rehabilitation Sciences in Germany. His research interests include health communication, anti-stigma communication, and technology acceptance research.
Contact email: matthias.hastall@tu-dortmund.de

HELLSTRÖM, LONE
Ph.d., MSc. cand.scient.san
Mental Health Center Copenhagen

HENDERSON, CLAIRE
Claire Henderson is a Clinical Senior Lecturer in Psychiatry at the Health Service and Population Research Department, King's College London Institute of Psychiatry, Psychology and Neuroscience. She is also an Honorary Consultant Psychiatrist at the South London and Maudsley NHS Foundation Trust. Her research interests are in interventions to reduce stigma and discrimination and interventions to promote shared decision making in mental health care. Currently she is Principal Investigator for King's College London’s evaluation of the Time to Change programme to reduce mental health related stigma and discrimination (2011-21). She also leads a project to develop a decision aid for medical students on disclosure and help seeking for health conditions and disabilities and a project on peer support to promote physical health among people with psychosis.
Contact email: claire.1.henderson@kcl.ac.uk

HEYES, KIM
Kim Heyes, Abuse Studies Lecturer, final year PhD student.
Contact email: k.heyes@mmu.ac.uk
HOFF, ANDREAS
Andreas Hoff is a medical doctor (since 2011), and a Ph.D. student at Mental Health Services in the Capital Region of Denmark, where he is conducting his psychiatric training as a registrar (Da.: Førstereservelæge).
He is former president of Danish Association of Psychiatric Trainees, and besides this he is a part time comedian and a political candidate to the regional council for the Social Democratic Party.
Contact email: andreas.hoff@regionh.dk

HØJSTRØM, NANNA
Master of political science.
In 2010 she was diagnosed with Bipolar Disorder. By then she was a mother of two small children and with her diagnosis life suddenly took a turn in the wrong direction. Ever since she has spent every second of her life figuring out how to live with her illness and being a good mother all at once. Today she is very proud of how she and her husband have created a stable, secure and happy childhood for their children and for them as a family. It is her mission to help and inspire other parents and families who live with mental illness so they too can live a meaningful and fulfilled life.
Contact email: nannasofieh@gmail.com

INDIG, DEVON
Associate Director, CGA Consulting and Conjoint Senior Lecturer, University of NSW

IRVING, CALUM
Calum Irving has been the Director of See Me, Scotland’s programme to end mental health discrimination, since June 2016.
Previously he worked in communications and campaigns across the public sector, before he was appointed the Director of Stonewall Scotland, in 2005, building a programme focussed on improving the lived experience of LGBT Scots across workplaces, public services and at school. Calum built upon his experience in influencing for change by moving to the Manchester based Our Life focussing on alcohol and diet related public health. There he played a major role in building a North West wide movement for change in alcohol harm.
Immediately prior to joining See Me Calum was the first Chief Executive of Voluntary Action Scotland, the network of local third sector support organisations known as ‘TSS’.
Contact email: Calum.irving@seemescotland.org
PRESENTATION OF SPEAKERS

JACOBSEN, TORSTEN BJØRN
Torsten Bjørn Jacobsen is a Medical Doctor and Specialist in Psychiatry. He has a Ph.d in the field of Neuroimaging. He works in the center of Copenhagen in a General Psychiatric ward which also has a Consultation Liaison function. Currently he is the President of the Danish Psychiatric Association and Honorary Secretary to the UEMS Section of Psychiatry. He is a past President of the Danish Young Psychiatrist Association and has had a number of positions as delegate or board member in various national and international organisations.

Contact email: tbj@dadlnet.dk

JANOUŠKOVÁ, MIROSLAVA
Miroslava Janoušková received her Ph.D. in sociology. She is a leader of the workgroup focused on stigma and discrimination research and prevention at the National institute of mental health in the Czech Republic. She will be a coordinator of the national anti-stigma campaign which is a part of the mental health care reform in the Czech Republic.

Contact e-mail: Miroslava.janouskova@nudz.cz

JENSEN, BO STEEN
I have been a member of LAP for more than 15 years. Most of this time as a member of the national board or an alternate. Here I have primarily been involved in Country policy and societal issues. Before my involvement in LAP I was an activist of the gay rights movement. I also have been interested in alternative ways to get healthy and served as editor of NaturHelse - a magasin from Landsforeningen Natur sundhedsrådet. My background is based on a Ph.d in Psychology, Anthropology and Religion Philosophy from Sorbonne. And Etnografi and architecture-aesthetics from Perugia. Last year I had my 70 year stage anniversary when turning 75.

Contact email: zentao@lap.dk

JENSEN, CHRISTINA FÆRCH
Christina Færch-Jensen, Bachelor of Science and expert by experience. Development consultant at Center for Social Psychiatry in the Northwestern part of the Municipality of Copenhagen and Team leader for Team Zest for Life (Team Mod på Livet). Member of the Danish social think tank SIF (Social Innovations Forum/Huset Zornig)

Contact email: cn6g@sof.kk.dk

JEPPESEN, LAU
Youth consultant for the national association of psychiatry users (LAP). I facilitate a network (LAP Ungdom) for young psychiatric users within the age of 18-35 years. I'm an employee with user background and got experience running peer based recovery workshops. I have a background in the humanities and have been involved in the Grundtvigian high school movement.

Contact email: lau@lap-kbh.dk

JOHANNSEN, SYLVIA
Sylvi Johannsen, MA in Educational Psychology, occupational therapist.

Sylvi Johannsen is educated as Occupational Therapist since 1989 and MA in Educational Psychology from Aarhus University in 2011. She has been working in the field of Psychiatry and Psychiatric Education most of her working life. She has worked with national campaigns on mental health and with cross-sectoral projects to improve the quality of life for psychically vulnerable citizens through focus on physical and mental health in everyday life.

Since 2015 she has been working as a cross-sectoral coordinator for Frederiksberg Community Health Care Center.

JONES, LOWRI WYN
Engagement Manager, Time to Change Wales

JUNCOSA, MIQUEL
Miquel Juncosa, Public Management and Master in Social Policy. Director of Obertament, the Catalan Alliance Against Stigma.

Contact email: mjuncosa@obertament.org
KAMMACHER, ANJA
Contact email: anja@kammacher.dk

KENNEDY, ALISON
Research Fellow, Deakin University - National Centre for Farmer Health

KENNEDY, CONOR
Conor Kennedy, PhD. Received doctorate from the School of Nursing & Midwifery in Trinity College Dublin. Currently working as a Service Improvement Lead with the Mental Health Division of the Health Service Executive in Ireland.
Contact email: kennedc8@tcd.ie

KIRK-KUUR, LAURA
Laura Kirk-Kuur is studying for a Master's degree in Psychology and Health promotion & health strategies at Roskilde University. Laura works as a student assistant at ONE OF US.
Contact email: laura.kirk-kuur@regionh.dk

KJÆR, JESPER NØRGAARD
Jesper Nørgaard Kjær, MD. Founder of LOCOMotivet. Co-director of the Psychiatric Research Academy, Dept. of Affective Disorders, Aarhus University Hospital, Risikov, Denmark. Member of the scientific committee at the Danish Psychiatric Association.
Contact email: jespko@vm.dk

KNAAK, STEPHANIE
Stephanie Knaak, PhD. Research Associate for Opening Minds – the anti-stigma initiative of the Mental Health Commission of Canada; Assistant Professor, University of Calgary, Alberta, Canada; Associate Member, Mathison Centre for Mental Health Research & Education, University of Calgary.
Contact email: sknaak@mentalhealthcommission.ca

KOLLER, MICHELLE
Queen's University, Kingston, Ontario Canada

KORSBEK, LISA
Lisa Korsbek, M.A., Ph.D., is a senior researcher at the Competence Centre for Rehabilitation and Recovery at the Mental Health Services of the Capital Region, Mental Health Centre Ballerup, where she is associated with the work of promoting and supporting recovery-oriented practices and with conducting research on central initiatives on recovery and recovery orientation. Her current scientific focus areas include shared decision making, the illness management and recovery program, peer support, and questions of disclosure, stigma and illness insight. Besides, she has lived experience of mental illness and recovery, which she often uses as a vantage point for a mixed perspective in her work and publications.
Contact email: lisa.korsbek.christensen@regionh.dk

KOSCHORKE, MIRJA
Centre for Global Mental Health, King's College London
KRUPCHANKA, DZMITRY
Dr Dzmitry Krupchanka, MD, MSc, PhD, senior researcher of the Department of Social Psychiatry, National Institute of Mental Health, Czech Republic and a consultant at WHO Department of Mental Health and Substance Abuse. Board member of the Young Psychiatrists Network (YPN), chair of the Network of Early Career Professionals working in the Area of Addiction Medicine (NECPAM), member of the EPA Early Career Psychiatrists Committee (ECPC). Area of interests includes global mental health, stigma and discrimination, addiction medicine, service research, psychiatric epidemiology.
Contact email: dmitry.krupchenko@gmail.com

LANFREDI, MARIANGELA
Mariangela Lanfredi, Master of Science, psychologist, CBT psychotherapist. Researcher at the Unit of Psychiatry, IRCCS Centro San Giovanni di Dio Fatebenefratelli, Brescia, Italy. Ordinary member of the Italian Society of Behavioural and Cognitive Therapy (SITCC). She collaborated in international projects on stigma associated with mental illness (ASPEN/INDIGO projects). Her main research interests include stigma of mental illness as well as biological psychiatry and the treatment for individuals with a diagnosis of Borderline personality disorder.
Contact email: mlanfredi@fatebenefratelli.eu

LARSON, JONATHON E.
Dr. Jonathon E. Larson maintains a full-time position as an associate professor of psychology at the Illinois Institute of Technology in Chicago. He teaches and mentors facilitators and master trainers for the program Honest, Open, Proud (HOP): To Erase the Stigma of Mental Illness. While teaching HOP, Jon shares his lived experiences with PTSD, offers his service and experiences in the United States Marine Corps, and discusses his methods for reaching personal goals and obtaining solidarity. He has 20 years of experience providing mental health services and teaching therapy skills to practitioners and undergraduate and graduate students. Within his mental health private practice, he incorporates meditation, breathing techniques, neurofeedback, cognitive therapy with behavioral methods. He was awarded and currently directs research activities as Co-PI for a transformation grant on Trauma Informed Care for Veterans and Family Members funded by Substance Abuse and Mental Health Services Administration. He is a Co-PI for the Patient-Centered Research Center project of Peer Navigators for Latin@s with mental illness funded by the Agency for Health Research and Quality. Jon is the PI for Testing the Effectiveness of Neurofield; A Pulsed Electromagnetic Field System for Electroencephalogram Regulation funded by Neurofield, Inc. He was a PI on 4 Rehabilitation Training Grants funded by Rehabilitation Services Administration, Department of Education. Jon was a Co-PI on Supported Education for Veterans with Mental Illness funded by Veterans Administration. He was a funded co-investigator within the Center on Adherence and Self-Determination funded by the National Institute of Mental Health. He has 51 peer reviewed publications, 1 published book, 6 book chapters, and 17 published training chapters.
Contact email: larsonjon@iit.edu
PRESENTATION OF SPEAKERS

LASALVIA, ANTONIO
Dr. Antonio Lasalvia, MD, PhD - Consultant psychiatrist, Department of Mental Health, NHS Local Health Authority of Verona, Italy.
Contact email: antonio.lasalvia@univr.it

20. September 16.30-17.30 Plenary

LAWSON, NICHOLAS
Nicholas D. Lawson, Medical Doctor.
Former US psychiatry resident and incoming law student.
Contact email: nick.d.lawson@gmail.com

20. September 11.30-13.00 Vesterbro/Tivoli

LESMANA, COKORDA BAGUS JAYA
Cokorda Bagus jaya Lesmana, MD, PhD., Head of Culture Psychiatry Division in Psychiatry Department, Faculty of Medicine, Udayana University, Bali and the secretary of Suryani Institute for Mental Health. Has been involved in a community mental health anti stigma project since 2007 with The Suryani Institute for Mental Health. Fellow of Postgraduate Overseas Specialists Training (POST) from University of Melbourne, Australia in 2010. Developed, studied and evaluated a new psychiatric intervention in the treatment of childhood psychological trauma using the clinical method of Spiritual-Hypnosis Assisted Therapy (SHAT). Current research project is Prevalence and factors influencing traumatic grief among family members of the victim of fatal traffic accident in Bali combination of post-grief among family members of the victim of fatal traffic accident in Bali combination of post-grief among family members of the victim of fatal traffic accident in Bali.
Contact email: cokordabagus@unud.ac.id

21. September 16.00-17.30 Enghaveplads
21. September 17.45-19.00 Plenary

LI, JIE
Dr. Li is professor of the department of psychiatry, Guangzhou Medical University, China. He is also vice-president of the Guangzhou Huai Hospital, where he has worked for over 10 years.
Dr. Li has held many academic positions in China, including: (1) Editorial board member, Chinese Journal of Psychiatry (2011-); (2) Editorial board member, Chinese Journal of Nervous and Mental Disorders (2006-2013); (3) Guest editor, Journal of Psychiatry (2011-); (4) Council member, China Association for Mental Health (2006-2010); (5) President, Guangzhou Society of Psychiatry of Guangzhou Medical Association (2004-).
Dr. Li has made significant contributions to the field of cultural psychiatry and community psychiatry in China. He is also the board member of World Association of Cultural Psychiatry (WACP) and editorial board member of International Journal Mental Health Systems (Int J Ment Health Syst) as well as the vice-director of the cultural psychiatry section in Chinese Society of Psychiatry (CSP). He has published two books in Chinese, “Culture and Psychiatry” and “Art and Psychiatry”, which are the pioneering works in the field of cultural psychiatry in China. He also has translated English book “Better Mental Health Care” into Chinese and published over 50 articles (as the first author) and 8 book chapters. His research interests include cultural psychiatry and stigma and discrimination and his medical mission is “building a bridge between bio-psychiatry and humanism”.
Contact email: biglijie@163.com

21. September 14.00-15.30 Amager Park

LIISBERG, MARIA VENTEGODT
Maria Ventegodt Liisberg is Director of the department of equal treatment of the Danish Institute for Human Rights. Maria has a PhD-degree from Maastricht University from 2011 on disability and employment in a human rights perspective. Maria has published articles on equal treatment and human rights. Maria has a masters' degree in law from the University of Copenhagen since 1996.
Contact email: mvl@humanrights.dk

21. September 11.00-12.30 Hovedbanen

LINDGREN, ULLA
Leader of Psychiatric Information Centre in Region of Southern Denmark.
Contact email: Ulla.Lindgren@rsyd.dk

20. September 11.30-13.00 Kastrup
21. September 14.00-15.30 Vesterbro/Tivoli
LOGANATHAN, SANTOSH
Dr. Santosh Loganathan, MD (Psychiatry),
Consultant Psychiatrist
Additional Professor of Psychiatry at the National
Institute of Mental Health and Neurosciences,
Bengaluru INDIA.
Involved with Stigma research and related
activities for over twelve years in India. Recent
projects include iSupport: The development and
evaluation of an Online Dementia Caregiver
Support Program.
Contact email: dr.santosh32@gmail.com

LOUGHRAN, JO
Jo Loughran, Director of Operations, Time to
Change, England’s largest ever programme to end
mental health stigma and discrimination.
An experienced leader and strategic thinker with
over a decade of involvement in the UK charity
sector, Jo is the Director of Operations at Time
to Change, pulling on her specialist knowledge of
behaviour change campaigns, mental health
anti-stigma programmes, and lived experience
leadership.
Jo has worked for Rethink Mental Illness for the
14 years and, as Head of the Children and Young
People’s programme at Time to Change, has led
the development from concept to implementation
of England’s largest comprehensive mental health
anti-stigma programme aimed at young people
aged 11 to 18 and their parents.
Jo is the founder and Trustee of Nauka, a start-up
charity to help disadvantaged women in Zambia
realise their full potential. Also a serving Trustee
of The McPin Foundation, an organisation that
exists to transform mental health research by
putting the lived experience of people affected by
mental health problems at the heart of research
methods and the research agenda.
Contact email: j.loughran@time-to-change.org.uk

MARANZAN, AMANDA
Dr. Amanda Maranzan, C. Psych.
Dr. Amanda Maranzan is an academic clinical
psychologist and Associate Professor at
Lakehead University in Ontario, Canada. Her
research in mental illness stigma is focused on
three areas: (a) stigma reduction strategies, (b)
self-stigma and help seeking, and (c) stigma
reduction in postsecondary students. She
teaches courses about mental illness, ethics, and
clinical supervision. Dr. Maranzan is a certified
(registered) psychologist and engages in clinical
practice with the Mental Health Outpatient
Programs, St. Joseph’s Care Group. She also
serves as Research Director for the Northern
Ontario Psychology Internship Consortium. The
overall goal of her work is to reduce mental
illness stigma, resulting in increased access to
care, reduced burden of illness, and equitable
opportunities for people living with a mental
illness.
Contact email: kamaranz@lakeheadu.ca

MASON, OLIVER J.
Oliver is a clinical research psychologist interested
in mental health. He has worked clinically in
England’s National Health Service and conducted
research into the causes, consequences and
treatment of mental illness for over twenty
years. He is presenting stigma-related research
conducted together with several colleagues and
students both at University College London and
the University of Surrey over several years.
Contact email: o.mason@ucl.ac.uk

MASON, ZOE
Zoe Mason, Youth Champion Co-ordinator, HNC
working with communities
I started volunteering with See Me in the summer
of 2015 after becoming frustrated by the lack
of support and knowledge surrounding mental
health. Over the last few years I have been
involved in the design and expansion of the See
I am a Scottish Mental Health First Aid trainer;
delivering the training to both pupils and teachers
within schools across Scotland.
MAULIK, PALLAB K.
Dr. Pallab K. Maulik, MD, PhD, MSc
Deputy Director, Head of Research, India
Pallab leads Research department at The George Institute for Global Health, India. He trained as a psychiatrist at All India Institute of Medical Sciences, New Delhi, received training in public health at the London School of Hygiene and Tropical Medicine, as well as Johns Hopkins School of Public Health where he pursued his Masters and Doctoral training. He brings a wealth of experience to the Institute, with an expertise in mental health.

Dr. Maulik has worked with the World Health Organisation (WHO), Geneva on Project Atlas and other mental health programs, and clinically as a psychiatrist in India and Australia.

His particular research interests include social determinants of health, especially mental health services, mental disorders, international mental health, and intellectual disability.

He is an Intermediate Career Wellcome Trust/DBT India Alliance Fellow and is leading a program called SMART Mental Health, which is on provision of mobile-based affordable evidence based mental health services in rural India.

Contact email: pmaulik@georgeinstitute.org.in

21. September
16.00-17.30
Vesterbro/Tivoli

MCKENZIE, SUE
Sue McKenzie has led the development of educational programs and collaborative projects in the mental health field at a local, state and national level. Ms. McKenzie provided national training under grants from CDC and the Department of Education. As the Program Director for Rogers InHealth and facilitative lead for WISE (Wisconsin’s Initiative for Stigma Elimination), she works through partnerships to reduce the stigma associated with mental illness. Innovative program design, collaborative leadership skills, and a tenacious passion to share the reality and hope of recovery are key assets she brings to Rogers InHealth and WISE.

Websites: RogersInHealth.org and WISEwisconsin.org

Phone: 414-759-3374
Contact email: smckenzie@rogershospital.org

20. September
11.30-13.00
Plenary

MENA, ANGEL L.
Andalusian School of Public Health

21. September
14.00-15.30
Plenary
MERCER, SUE

Susan Mercer MSW, RSW started her career with The Mental Health Commission of Canada in 2012. The focus of her work with MHCC is to develop, support and work with various projects across Canada. The primary goal of the various initiatives is to reduce stigma associated with mental illness and enhance the resiliency skills of employees in the workforce, health care sector and first responders.

Susan has extensive experience in crisis response, crisis management, and psychosocial response to trauma. Susan assisted in developing processes for staff support within the health care system both at the hospital where she worked and provincially.

Susan is an accomplished leader in health care. Her background of over 25 years has included progressive leadership in clinical service, crisis management, community outreach, program leadership, program development, and trauma support. Her most recent position before The Mental Health Commission of Canada was Senior Director for Mental Health and Addictions at the IWK Health Centre (The Children’s and Women’s health centre in Halifax, NS).

Susan also works part time as a clinical social worker.

Susan also has a keen interest in immigration and is the Past Chair of the Metropolitan Immigrant Settlement Association, Halifax, Nova Scotia (currently known as ISANS). She presently volunteers with them in refugee support. In addition to this volunteer work Susan volunteers with Dalhouse University in the Alternate Resolution Program for students and as a board member with Brigadoon Village Originally from Middle Cove NL, Susan now lives in Halifax, NS.

MICHELSON, DANIEL

Dr Daniel Michelson is a clinical psychologist and Assistant Professor in Global Mental Health at the London School of Hygiene & Tropical Medicine. He currently works between the UK and India as the Clinical Academic Director for PRIDE (PRemIum for aDolEscents). This is a 5-year Wellcome-funded programme that aims to develop and test a stepped care intervention for common adolescent mental health problems in secondary schools across Goa and New Delhi. He also works on the design and evaluation of mental health interventions for disadvantaged and hard-to-reach youth populations in the UK.

Contact email: daniel.michelson@lshtm.ac.uk

MOESTRUP, STEEN

I have been a member of LAP from the start in 1999, and most of the time I have been in the leadership. In 1984 I met psychiatry first time, late I was a part of groups there try to make the psychiatry better. I have been interested in alternative ways to get healthy form my teenage years. I have painted in many ways and have used painting to get healthy my self and other people. I have work a lot with Country and local policy and societal issues. I am economist from Copenhagen Business school (CBS). 52 years old and live in Hillerød with my dog Dino.

Contact email: steen@lap.dk

MOSELY, SARA

Director at Mind Cymru

MULDER, NYNKE

Bachelor in Social Work

Contact email: n.mulder@samensterkzonderstigma.nl

MULFINGER, NADINE

Nadine Mulfinger, Master of Arts, PhD student at the Department of Psychiatry II, Ulm University and BKH Günzburg, Germany.

PhD thesis about adaptation and evaluation of the peer-led Honest Open Proud program for both adolescents and soldiers with mental health problems in order to support them in their disclosure decisions.

Previously research associate on intellectual disability and mental health care provision.

Contact Email: nadine.mulfinger@uni-ulm.de

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MULDER, NYNKE

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Contact email: steen@lap.dk

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MULDER, NYNKE

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Previously research associate on intellectual disability and mental health care provision.

Contact Email: nadine.mulfinger@uni-ulm.de
NORDBO, LINE AUGUSTA
Cross Media Editor, Danish Broadcasting Corporation (DR)

Line Augusta Nordbo has within DR been working with cross media-campaigns that focus on challenging issues like Loneliness, Mental Illness, Body Issues and Stress. Several of the themes have been targeted directly towards a younger audience. But all of them with the main goal to break a taboo and give a voice to the people inflicted.

Contact email: lino@dr.dk

O’CONNOR, LAUREN
Lauren is a third year doctoral student at John Jay College/CUNY Graduate Center (New York, NY) working under the mentorship of Dr. Philip Yanos. Her research focuses on self-stigma and stigma resistance in individuals with severe mental illness. More specifically, Lauren is interested in the experiences of those with severe mental illness who also face other forms of discrimination and internalized oppression (e.g. people of color and LGBTQ individuals). Clinically, Lauren is interested in the treatment of first episode psychosis and individuals with trauma and stressor-related disorders.

Contact email: loconnor@jjay.cuny.edu

OEXLE, NATHALIE
Nathalie Oexle, Dr.biol.hum, MSc
Nathalie Oexle is a Research Associate at Ulm University and BKH Günzburg, Germany. She holds a Master’s degree in Public Health and Epidemiology from the Karolinska Institute in Stockholm, Sweden and recently obtained a PhD in Public Mental Health from Ulm University.

Her research strongly focuses on stigma-related issues, including its consequences, intervention strategies and conceptualization. Currently, she is examining the potential of stigma reduction for suicide prevention among stigmatized individuals at increased risk for suicide, including people with mental illness, suicide attempt survivors and also suicide loss survivors.

Contact email: nathalie.oexle@uni-ulm.de

OHAN, JENEVA L.
Jeneva L. Ohan, PhD, Registered Psychologist (Australia).
Sr Lecturer, School of Psychological Science, the University of Western Australia
Affiliated Fellow with the National Consortium for Stigma & Empowerment, and Honorary Research Fellow with the Telethon Kids Institute (TKI, Perth, Australia).

Interests include how stigma affects children with mental health challenges and their parents, and how parents make decisions about disclosing their child’s problems to others.

Contact email: jeneva.ohan@uwa.edu.au
OMMEREN, INGRID VAN
Ingrid van Ommeren, Master of Business Economics, and Applied Psychology Project Manager Ambassadors and Advisor Stigma at work of Samen Sterk zonder Stigma – the national campaign for antistigma in The Netherlands.
Previously Learning and Development consultant Nike European Operations Netherlands BV and caregiver at Korrelatie, a helpline for mental problems.
Contact email: i.vanommeren@samensterkzonderstigma.nl or info@samensterkzonderstigma.nl

PASZ, JIRI
Jiri Pasz, Master of Science, PhD student at Charles University Prague, researcher at National Institute of Mental Health Czech Republic. Jiri is a part of NIMH destigmatization team and is also in charge of the institute PR. As such he manages destigmatization projects based on research outcomes and organizes public activities: lectures, conferences, festivals. Jiri also specializes in social marketing and worked on projects in Haiti, Myanmar or Kenya.
Contact email: jiri.pasz@nudz.cz

PETESEN, ANNKA FRIDA
Annika Frida Petersen, Master of Law PhD Scholar at the Faculty of Law at the University of Copenhagen.
Contact email: annika.frida.petersen@jur.ku.dk

PIETRUS, MICHAEL
Director, MHFA & Opening Minds
- Director of Mental Health First Aid and the Mental Health Commission of Canada’s international award winning anti-stigma initiative Opening Minds.
- Under Micheal’s leadership, the Commission launched Opening Minds, its 10-year anti-stigma/anti-discrimination initiative which is the largest systematic effort to reduce the stigma of mental illness in Canadian history. He was appointed Director of MHFA in July 2015
- Micheal is a founder of the Global Anti-stigma Alliance, which is composed of international organizations working to reduce the stigma associated with mental
Contact email: mpietrus@mentalhealthcommission.ca
POULSEN, RIE
Rie Poulsen, MS in Public Health
PhD-student, the Danish IBBIS project
Research Unit of the Mental Health Center of Copenhagen
Contact email: rie.poulsen@regionh.dk

PRICE, DAN
In 2014, Dan Price found himself atop a bridge in Sydney, ready to take his life. For years, the 31-year-old had suffered from depression. “A broken soul,” is how he describes it.

“I hated who I was. I felt like it was so painful that I couldn’t go on. I was drowning slowly everyday. I felt like I was better off not being here,” he said.

“I remember that morning. It was pretty early and the sun was coming up. I remember I just looked up and I thought ‘I can’t watch this sun come up again’. I didn’t feel like I could face this anymore. Luckily he was brought to safety by emergency response personnel in time and was able to access support services.

Now Mr. Price says he still has dark days, but has become better at being honest with himself and seeking help when he feels low. He has joined the chorus of mental health advocates pleading with Australian men to start talking about their feelings. With his new found purpose for helping others, he works with multiple mental health charities, including LIVIN, spreading awareness about men’s mental health issues and is delivering educational talks to corporates, schools and community groups throughout both Australia and the USA.

More recently, he is working alongside fellow advocates as the Director of Business Development for CNQR, a worldwide brain health & wellness project aiming to disrupt the way mental health & suicide prevention is talked about.

Contact email: jmchines@gmail.com

20. September
14.30-16.00
Kastrup

RABBERS, GERDIEN
Social Innovation and Transformation, Communications.
Director at Together Strong without Stigma – the national campaign for antistigma in The Netherlands.
Contact email: g.rabbers@samensterkzonderstigma.nl

RAI, SAUHARDA
Sauharda Rai, MA
Contact email: sauharda.rai@gmail.com

RAKSMUSSEN, KLAVS SERUP
Klavs Serup Rasmussen, peer, ba. social sciences
Project manager at Peer Support in the Capital Region - a cross-sector partnership developing and implementing peer-support workers in outpatient and community mental health services. The partnership is between Mental Health Services in the Capital Region, the municipalities of Copenhagen, Helsinore and Rudersdal, the civil organisations Det Sociale Netværk and Psykiatriforeningernes Fællesråd i Region Hovedstaden. Author of the Discharge Guide and the Recovery Guide.
Contact email: ksr@detsocialenetvaerk.dk

20. September
14.30-16.00
Kastrup

21. September
14.00-15.30
Vesterbro/Tivoli

21. September
16.00-17.30
Enghaveplads

21. September
16.00-17.30
Hovedbanen

21. September
16.00-17.30
Vesterbro/Tivoli

PRAKASH, GOOSENS
Prakash Goossens, LLM, MA International Politics, MA Human Rights
International Advocacy - NGO Fracarita
International - Global Campaign ‘Breaking the chains of stigma in mental health’ – Dr. Guislain Award
Previously Legal Advisor Education Board Flemish Government - Belgium
Contact email: prakashgoossens@gmail.com

21. September
16.00-17.30
Enghaveplads

RABBERS, GERDIEN
Social Innovation and Transformation, Communications.
Director at Together Strong without Stigma – the national campaign for antistigma in The Netherlands.
Contact email: g.rabbers@samensterkzonderstigma.nl

RAI, SAUHARDA
Sauharda Rai, MA
Contact email: sauharda.rai@gmail.com

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Klavs Serup Rasmussen, peer, ba. social sciences
Project manager at Peer Support in the Capital Region - a cross-sector partnership developing and implementing peer-support workers in outpatient and community mental health services. The partnership is between Mental Health Services in the Capital Region, the municipalities of Copenhagen, Helsinore and Rudersdal, the civil organisations Det Sociale Netværk and Psykiatriforeningernes Fællesråd i Region Hovedstaden. Author of the Discharge Guide and the Recovery Guide.
Contact email: ksr@detsocialenetvaerk.dk

20. September
14.30-16.00
Kastrup

21. September
14.00-15.30
B
ROE, DAVID
David Roe, Ph.D.
Professor at the Department of Community Mental Health, University of Haifa, Israel and director of the Center for Community Mental Health Research, Training, Services and Policy Research Field: psychosocial processes of recovery from serious mental illness, stigma, routine outcome measurement (ROM), and the evaluation of interventions and services.

Contact email: droe@univ.haifa.ac.il

20. September
11.00-12.30
A

ROGERO, ARIADNA
Ariadna Rogero, Journalism.
Press and communication manager in Obertament, the Catalan Alliance Against Stigma.

Contact email: atosas@obertament.org

20. September
11.30-13.00
Plenary

RÜSCH, NICOLAS
Nicolas Rüschi is Professor of Public Mental Health and consultant psychiatrist at the Department of Psychiatry II and BKH Günzburg, Ulm University, Germany.

After his clinical training in adult psychiatry and neurology in Freiburg, Germany, and Rome, Italy, he worked as EU Marie Curie Fellow with Prof. Pat Corrigan, Chicago, on mental illness stigma. Later he studied stigma among young people at risk, in community samples as well as in intervention contexts, including RCTs of the peer-led Coming Out Proud (now: Honest Open Proud) program. His recent work includes disclosure decisions in adolescents as well as in soldiers with mental health problems; and unemployment, mental health and service use.

Contact email: n.ruesch@uni-ulm.de

20. September
11.30-13.00
A
22. September
9.00-10.30
Plenary

SAMPOGNA, GAIA
PhD student, resident in psychiatry
Department of Psychiatry, University of Naples

20. September
14.30-16.00
Plenary

SANDBERG, JAN
Jan Sandberg is the general manager and counsellor at Center for Relatives in Psychiatry in North Denmark Region. Since 2003, Jan has worked at Center for Relatives with children whose parents have a mental illness.

Center for Relatives in North Denmark Region offers family sessions to parents and children in families where one of the parents has a mental illness. Jan Sandberg is educated as a pedagogue, Systemic Structural family therapist, and has a wide experience with parent-children therapy and narrative practices.

20. September
11.30-13.00
Amager Park

SARTORIUS, NORMAN
Dr Norman Sartorius, MD, MA, DPM, PhD, FRC.Psych, was the first Director of the Division of Mental Health of WHO and served as President of the World Psychiatric Association (WPA) (1993-1999) and President of the Association of European Psychiatrists (EAP) (1999-2001). He is now the President of the Association for the Improvement of Mental Health Programmes and holds professorial appointments at several universities in the UK, USA and China.

He has published more than 400 articles in peer-reviewed journals, authored, co-authored and edited a number of books.

He is an Honorary Fellow of numerous professional associations and Medical Academies. He received honorary doctorates from universities in the Czech Republic, Denmark, Romania, Sweden and the UK.

20. September
16.30-17.30
Plenary
21. September
11.00-12.30
Plenary
17.45-19.00
Plenary
SCHMIDT, DORTHE RANDI

Julia Schmeier, Bachelor of Science, Master of Public Health candidate in epidemiology at Columbia University's Mailman School of Public Health. Program Creator of Talk About Change - a school-based mental health intervention in a Californian secondary school with aims of reducing stigma and improving mental health literacy. Previously Fellow with the Mental Health Association of San Francisco.

Contact email: DorthRandi@hotmail.com

SCHLEIMER, JULIA

Julia Schleimer, Pedagogue with 10 years work experience in social psychiatry, now studying to become a psychodynamic psychotherapist. ONE OF US ambassador and a motivational speaker about her battle with schizophrenia to complete recovery. Working as a volunteer in Danish psychiatry, using her personal experiences as a former patient, to emphasize the importance of patient involvement and influence in their own treatment and life.

Contact email: jps2217@cumc.columbia.edu

SCHOMERUS, GEORG

Professor of Psychiatry. Deputy Chair, Department of Psychiatry, Greifswald University
Research interest: Stigma of mental illness, stigma of substance use disorders, health services research

Contact email: georg.schomerus@uni-greifswald.de

SCIOR, KATRINA

Katrina Scior, BSc ClinPsyD PhD Senior Lecturer in Clinical Psychology at University College London (UCL), Director of the UCL Unit for Stigma Research (UCLUS): https://www.ucl.ac.uk/pals/research/ehp/stigma-research, and Co-Director of the UCL Centre for Research in Intellectual & Developmental Disabilities (CIDDR): www.ucl.ac.uk/ciddr
Katrina's research aims to increase our understanding of stigma in relation to intellectual disability and mental health problems, and to develop effective interventions to tackle both public and self-stigma in these areas. She is joint editor with Shirli Werner of Stigma and Intellectual Disability: Stepping out from the Margins (2016), and engaged in developing and researching the outcomes of the Honest Open Proud programme led by Pat Corrigan.

Contact email: k.scior@ucl.ac.uk

SEMRAU, MAYA

Centre for Global Mental Health, King's College London

SHARIF, LOUJAIN SAUD M.

Loujain Sharif, Doctor of Philosophy in Nursing Research from the Florence Nightingale Faculty of Nursing and Midwifery (FNFM), King's College London. Master of Science in Mental Health Studies from the Institute of Psychiatry and Psychology and Neuroscience (IoPPN), King's College London. Currently an assistant professor in Mental health nursing at King Abdulaziz University, Jeddah, Saudi Arabia. Research interests include: Treatment Resistant Depression (TRD) and Mental Disorder-Related Stigma (MDRS).

Contact email: Lsharif@kau.edu.sa
SHARPE, LAURA
Laura Sharpe, Education and Young People's Manager for See Me. The national organisation for anti-stigma in Scotland. During her time at See Me Laura has led on the strategic coproduction and development of the Education and Young People programme bringing together young volunteers, actively involving and engaging them to lead the change they hope to see in the world.
Laura has spent 15 years leading and developing on children and young people programmes across the third sector, helping to tackle a number of equality issues and developing programmes to improve young people's lives.
Contact Details:
laura.sharpe@seemescotland.org

SHEEHAN, LINDSAY
Lindsay Sheehan, PhD
Senior Research Associate at the Illinois Institute of Technology, Chicago, IL, USA
Program Coordinator of the National Consortium on Stigma and Empowerment.
Contact email: lsheehan@iit.edu

SHIMKETS, REBECCA PALPANT
Rebecca Palpant Shimkets, M.S.
Associate Director, The Rosalynn Carter Fellowships for Mental Health Journalism
The Carter Center Mental Health Program
Rebecca Palpant Shimkets is the Associate Director for The Rosalynn Carter Fellowships for Mental Health Journalism at The Carter Center Mental Health Program in Atlanta, Georgia.

The work of the program that focuses on public policy and stigma reduction is the result of Former First Lady Rosalynn Carter's advocacy on mental health issues for over 40 years. Ms. Palpant Shimkets develops and oversees a Journalism Fellowship program that awards stipends each year to professional journalists to produce a significant project on mental health or mental illnesses. The fellowship program has resulted in fellows winning Emmy and Peabody awards and receiving nominations for the Pulitzer Prize among many others.

She was instrumental in developing the program in the countries of South Africa, Romania, Colombia and most recently United Arab Emirates and Qatar. Ms. Palpant Shimkets is an active participant on advisory boards and within national and international work groups related to stigma and accurate portrayals of mental illnesses in the media. She spearheaded a special theme issue of the American Journal of Public Health on stigma reduction and social inclusion and was on the planning committee for the 7th World Psychiatric Association International Together Against Stigma Conference.

Ms. Palpant Shimkets serves as a U.S. member of the Global Alliance for Stigma Reduction. She was appointed to serve as a member of the Committee on the Science of Changing Behavioral Health Social Norms for The National Academies that produced the report “Ending Discrimination Against People with Mental and Substance Use Disorders.” Palpant Shimkets has published in Global Health Magazine, JAMA, MMWR, Huffington Post, and Everyday Health.

Contact email: shimkets@cartercenter.org

SPEYER, HELENE
Helene Speyer, medical doctor, PhD.
Mental Health Center Copenhagen.

Contact email: helene.speyer@regionh.dk

STUART, HEATHER
MA (Sociology), PhD (Epidemiology) is a social-epidemiologist specializing in psychiatric epidemiology and mental health services research. She is a Full Professor and Bell Canada Mental Health and Anti-stigma Research Chair in the Department of Public Health Sciences at Queen's University, Kingston, Ontario, with cross appointments to the Department of Psychiatry and the School of Rehabilitation. She is Senior Consultant to the Mental Health Commission of Canada’s Opening Minds, Anti-stigma program and Past Chair of the Scientific Section on Stigma and Mental Disorders, World Psychiatric Association.

Contact email: hstuart@qme.com

SUNKEL, CHARLENE
Mental health activist, Lived experience with schizophrenia. Program Manager: SA Federation for Mental Health, Ministerial Advisory Committee on Mental Health (South Africa), Presidential Working Group on Disability (South Africa).
Principal Coordinator: Movement for Global Mental Health. Editorial Advisory Board: Lancet Psychiatry Management Board: Human Rights in Mental Health FGIP.

Contact email: charlene@sfmh.org

SØBJERG, LENE MOSEGAARD
Lene Mosegaard Søbjerg is currently head of research at the research center VIA Society and Social Work at VIA University College, Denmark. She is a political scientist and Ph.D. from University of Aarhus, Denmark. Her main focus of research is social work with emphasis on how social policies and interventions affect and help citizens and civil servants working in the area of social work.

Contact email: lmos@via.dk
THORNCROFT, GRAHAM

Consultant Psychiatrist, South London & Maudsley NHS Foundation Trust
Professor of Community Psychiatry, King's College London, Institute of Psychiatry, Psychology and Neuroscience
Director, King's Improvement Science, King's Health Partners
Chair, Maudsley International

Sir Graham Thornicroft is Professor of Community Psychiatry at the Institute of Psychiatry, Psychology and Neuroscience, King's College London (KCL) and is a member of the Health Service and Population Research Department at KCL, and the Centre for Global Mental Health, a joint centre between King's Health Partners and the London School of Hygiene and Tropical Medicine. He also works as a Consultant Psychiatrist at South London & Maudsley NHS Foundation Trust in a local community mental health early intervention team in Lambeth. He is a Fellow of the Academy of Medical Sciences and is a National Institute of Health Research Senior Investigator.

Graham took his undergraduate degree at Cambridge in Social and Political Science, studied Medicine at Guy’s Hospital, trained in Psychiatry at the Maudsley and Johns Hopkins Hospitals. He gained an MSc in Epidemiology at the London School of Hygiene and Tropical Medicine, and a PhD at the University of London. Graham has made significant contributions to the development of mental health policy in England, including Chairing the External Reference Group for the National Service Framework for Mental Health, the national mental health plan for England for 1999-2009.

He is also active in global mental health, for example, he chaired the World Health Organisation Guideline Development Group for the Mental Health Gap Action Programme (mhGAP) Intervention Guide (1st and 2nd editions), a practical support for primary care staff to treat people with mental, neurological and substance use disorders in low and lower middle incomes.

His areas of research expertise include: stigma and discrimination, mental health needs assessment, cost-effectiveness evaluations of mental health treatments, service user led research, implementation science, and global mental health. Graham has authored or edited 30 books and over 469 peer-reviewed papers in Pubmed.

THORP, ANDREW

Beyondblue, Program Leader Stigma & Discrimination

Beyondblue is an independent, not-for-profit organisation working across Australia to promote good mental health, create change to protect everyone’s mental health and improve the lives of individuals, families and communities affected by depression, anxiety and suicide.

As a beyondblue Project Manager for more than five years, Andrew Thorp is current the Program Leader, Stigma & Discrimination, responsible for a range of projects aiming to improve mental health literacy, reduce stigma and discrimination, and to support priority populations.

In addition, Andrew is program manager of beyondblue’s projects funded through donations from the Movember Foundation, including the world-first action research project, the STRIDE (Sigma Reduction Interventions: Digital Environments) Project, and is beyondblue’s leading adviser of engaging men. Andrew has also recently been leading the strategic development of beyondblue’s National Education Program, to support educators in building mentally healthy schools.

Contact email: andrew.thorp@beyondblue.org.au

THØGERSEN, ANNE

Anne Thøgersen holds degrees in political science, East Asian studies and social work.

Since 2005 she has worked as a recovery teacher and an educator of peer teachers and peer facilitators at The Center for Special Education in Aarhus. Years of recovery work from a disabling motorcycle accident inform Anne’s personal approach to her work when teaching psychiatric consumers. Disability awareness led her to work as a consultant for M-POWER—a mental health consumer organization in MA, USA in 2003. She is currently (since 2014) employed as the Aarhus coordinator for a three-year pilot project “Projekt Ligestillet Statte” (Project Peer Support), a project that develops educational and employment opportunities for peer supporters. Partners in the project are the Regional Mental Health Services, the dept. of psychosocial rehabilitation in three cities and a consumer/relative organization. She is also the coordinator of The Recovery School in Aarhus where she teaches both as a professional and as a relative.

Contributor to Lee Staples “Roots to Power: A Manual for Grassroots Organizing”3rd ed. 2016 Contact email: atg@aarhus.dk

TIP, LIESBETH

Liebeth Tip worked as a therapist and teacher in the Netherlands before moving over to Edinburgh in 2012. She has extensive experience in various settings, treating people in groups and individually. To help improve future treatments, she prepared for a role in research by following statistics courses before moving over to Edinburgh to work in research full-time.

She is currently doing a PhD on Interpersonal anxiety and the role of beliefs about illness in social functioning in psychosis. From 2015, she led a cross-disciplinary study on experiences with self-monitoring (COSMOSS), funded by the University of Edinburgh.

In 2016, she was awarded the Innovation Initiative Grant to lead an inclusive project, investigating the benefits of singing in a choir on mental health and mental health stigma. (www.harmonychoir.com).

Contact email: Liebeth.Tip@ed.ac.uk

TOFTE, STEFAN

Stefan K. H. Tofte, Master of Art in the Study of Religion.

Thesis: Non-secular coping in psychiatric patients - A quantitative study of positive and negative factors.

Completely recovered from schizophrenia and is today living a life without medicine or other kinds of support.

Academic interests: Religion and psychiatry, especially the religiousness as a stress relief or inducer.

Contact email: Stefan.tofte@gmail.com
PRESENTATION OF SPEAKERS

TORP, TROELS FLYVHOLM
Student at Aarhus University, Faculty of Arts, History. Ambassador for ONE OF US since 2015.

Diagnosed with Borderline, narcissistic, dependent- and evasive personality-disorder.

I was wrongly diagnosed with depression and general anxiety in 2012 and treated with antidepressant, which escalated quickly. Within 3 years I experienced psychosis, heavily and life-threatening self-harm (cutting and burning) and went through 4 suicide-attempts. In 2015 a doctor found out I was treated wrongly. At that time, I was on 9 different types of antidepressants, which was actually life-treating. I was then, by a psychologist, diagnosed with Borderline, narcissistic, dependent- and evasive personality-disorder. Through extensive psychoanalytic treatment I got much better and went from being extremely ill, to getting my life back on track.

Contact email: troels_torp@msn.com

TOSAS, ANAÏS
Anaïs Tosas, Humanities and Anthropology. Project coordinator of Obertament, the Catalan Alliance Against Stigma.

TUŠKOVÁ, EVA
Eva Tušková, Master’s degree in Public and social policy, researcher. Specialist on destigmatization of the national antistigma campaign led by the National Institute of Mental Health Czech Republic. PhD student at the Faculty of Social Sciences, Charles University in Prague.

ULSING, ANITA
Anita Ulsing, Master in Medical Anthropology, Occupational therapist.

Project Manager- Copenhagen Municipality. Previously Cross-sectoral coordinator, Mental Health Services-Capital Region of Denmark Out-patient clinic Frederiksberg.

Has been working in the field of Psychiatry for 20 years, both on mental health wards, out-patient clinics and in Assertive Community Treatment Teams.

We have both worked as project managers in the project, with the aim to develop and test a model for cross-sectoral collaboration in relation to skills, tasks and responsibilities to help to increase health and quality of life for people with mental illness.
VEJEN-JENSEN, LISE-LOTTE EFRYD
Lise-Lotte is 48 years old and married on 24th year with her husband Jesper. Together they have two grown-up and well-balanced girls.
She is an educated pedagogue and works a couple of hours every day at an institution for disabled people.
In 2002 she had the diagnosis Paranoid Schizophrenia after a long and stressful hospitalization.
In her presentation she will tell about the fight to go from deeply psychotic and very ill till today where she is as close to a normal life as possible – with husband, kids and a job.
A long story short – she will tell a bout her recovery.
Contact email: efryd@skjern-net.dk

21. September 14.00-15.30 Kastrup

VERHOEVEN, DORIEN
Project Manager of Together Strong Without Stigma, the national organization for antistigma in The Netherlands. Responsible for the project “Stigma and Work” that promotes open discussion of mental illness in the workplace.
Background: Social work, labour market specialist, projectmanagement.
Contact email: D.Verhoeven@samensterkzonderstigma.nl

20. September 14.30-16.00 Enghaveplads

VORRE, RIKKE
Rikke Vorre - Master in Rehabilitation - Postgraduate mental health nurse.
Development consultant of PROJECT SLEEP WELL – Sleep difficulties and psychiatric disorders: How is it possible to address sleeping difficulties when this is only one difficulty among many? A method-development project in the social psychiatry in Denmark.
Contact email: rikke.vorre@ps.rm.dk

20. September 14.30-16.00 Enghaveplads

VLADAR, VICTOR
Psychiatrist.
Chair Together Strong Without Stigma, the national organization for antistigma in The Netherlands
Chair of Institutions for Continuing Education and Training in Mental Health(RINO Groep Utrecht)
Former member of the board of directors of mental health organisation Parnassia Groep.
Contact email: v.vladarrivero@gmail.com

20. September 14.30-16.00 Enghaveplads

VEDELSBY, ANJA KARE
Master of Arts in Psychology and International Development Studies.
Project Coordinator in ONE OF US – the national campaign for antistigma in Denmark since the beginning of the campaign in 2011.
Previously Project Manager in The Danish Mental Health Fund.
Contact email: anja.kare.vedelsby@regionh.dk

21. September 16.00-17.30 Hovedbanen

VESE, GITTE
Coordinator, training of specialist nurses in psychiatry, Region of Southern Denmark.
Specialist nurse in Psychiatry.
Contact email: gitte.norreskov.vese@rsyd.dk

Poster Presentations

21. September 14.00-15.30 Hovedbanen

VENDSBORG, PER
Consultant in Psykiatrifonden (The Danish Mental Health Fund).
Specialist in psychiatry, MD, Dr.med., MPA.
Former medical director in Region Sjælland.
Contact email: pv@psykiatrifonden.dk

21. September 11.00-12.30 Hovedbanen
WEISSOVÁ, ANETA  
Aneta Weissová, Master of Science in Sociology, Destigmatization Specialist at the National Institute of Mental Health in the Czech Republic. She has pioneered the study of stigma in the area of Alzheimer’s disease and has published over 250 papers in peer-reviewed journals.  
Contact email: aneta.weissova@nudz.cz

WERNER, PERLA  
Perla Werner, Ph.D. is a full professor in the Department of Community Mental Health at the University of Haifa in Israel. She has pioneered the study of stigma in the area of Alzheimer’s disease and has published over 250 papers in peer-reviewed journals. Prof. Werner served until last year as the Vice Rector of the University of Haifa.  
Contact email: werner@research.haifa.ac.il

WERNER, SHIRLI  
Shirli Werner, PhD  
Senior Lecturer at the Paul Baerwald School of Social Work and Social Welfare, Hebrew University of Jerusalem, Israel. Head of the Center for Disability Studies – a multi-disciplinary center, based on the social model perspective of disability, dedicated to advancement of knowledge and research in the disability field. The Center for Disability Studies is a joint center to the Paul Baerwald School of Social Work and Social Welfare and Israel Unlimited, JDC.  
Contact email: shirli.werner@mail.huji.ac.il

WINKLER, PETR  
Petr Winkler, PhDr., head of Department of Social Psychiatry, National Institute of Mental Health, Czech Republic. Member of the executive board of the Czech mental health care reform. Researcher expertise in service research, psychiatric epidemiology, stigma, suicides and health economics; EPA 2017 Research Prize holder.  
Contact email: petr.winkler@nudz.cz

WOOSTER, EMILY  
Programme Manager, Time to Change Wales

WÜRTZ, CAMILLA  
ONE OF US ambassador - special focus eating disposers, anxiety and studying with mental challenges. Special education teacher for 14-18 years old kids with autism (ASF) and independent lecturer.  
Contact email: camillawurtz@outlook.com

20. September 14.30-16.00 Vesterbro/Tivoli

20. September 11.30-13.00 Kastrup

22. September 9.00-10.30 Enghaveplads

21. September 11.00-12.30 Amager Park
PRESENTATION OF SPEAKERS

XU, ZIYAN
Postdoctoral Fellow
Department of Psychiatry II, University of Ulm and BKH Günzburg, Ulm, Germany

PRESENTATION OF SPEAKERS

YANG, LAWRENCE H.
Associate Professor at Department of Social and Behavioral Sciences
New York University, College of Public Health & Adjunct Associate Professor at Department of Epidemiology, Columbia University, Mailman School of Public Health

PRESENTATION OF SPEAKERS

YANOS, PHILIP
Philip Yanos, Ph.D.
Professor, Psychology Department, John Jay College, City University of New York
Director of Clinical Training, Clinical Psychology Training Program, John Jay College, City University of New York, Associate Editor, Stigma and Health

Research Field: Mental health stigma and self-stigma, community participation of people diagnosed with mental illness

Contact email: pyanos@jjay.cuny.edu

PRESENTATION OF SPEAKERS

YUAN, QI
Qi Yuan, Doctor of Philosophy in Public Health.
Qi obtained his PhD degree in Public Health from the School of Public Health and Primary Care, the Chinese University of Hong Kong. After his graduation in 2015, he firstly worked in National University of Singapore for a short period of time, and then he joined the Research Division, Institute of Mental Health Singapore as a research fellow starting from early 2016. His research interests include workplace mental health, mental health promotion, web/mobile-based health promotion, and stigma.

Contact email: Qi_YUAN@imh.com.sg

PRESENTATION OF SPEAKERS

ZELST, CATHERINE VAN
Catherine van Zelst, PhD
Researcher
- Phrenos (center of expertise for severe mental illness); projects on disclosure of mental health complaints in the workplace, destigmatization, social inclusion, recovery and recovery-oriented care.
- Mondriaan (institute for mental health care); project ‘Mental Health First Aid’.

Previously: PhD research on stereotype awareness, childhood trauma and stigma in psychosis at Maastricht University.

Contact email: czelst@kcphrenos.nl

PRESENTATION OF SPEAKERS

ZHANG, TIANMING
Tianming Zhang, MSW, PhD Candidate.
Department of Social Work and Social Administration
Faculty of Social Science
The University of Hong Kong

Contact email: tmzhang@hku.hk

PRESENTATION OF SPEAKERS

ZOMER, NOORTJE
Former intern at Samen Sterk zonder Stigma - the national organization for antistigma in The Netherlands
Master student Health & Life Sciences-based Policy at the Free University Amsterdam.

Contact email: noortjezomer@gmail.com
PRESENTATION OF PARTNERS

ONE OF US
The nation-wide campaign ONE OF US was launched in 2011 and continues to 2020. The objective is to de-stigmatise mental illness in Denmark through a national campaign including targeted regional and local activities focusing on the five target areas: Peoples with lived experience and their relatives, professionals in the health and social sector, the labour market, young people and the public and the media.

DANISH REGIONS
Danish Regions is the interest organisation for the five regions in Denmark and is run by a board of elected regional politicians. The overall mission is to safeguard the interests of the regions nationally as well as internationally with regards to health care, hospitals, etc.

TRYGFONDEN
The Danish philanthropic foundation TrygFonden works to make Denmark a safer place to be. The mission is to inspire everyone in Denmark to take responsibility for their own safety as well as that of others. The efforts are non-profit and core areas include safety, health and well-being.

DANISH HEALTH AUTHORITY
The Danish Health Authority promotes public health and establishes a good framework for the health service in Denmark by providing recommendations, guidelines and action plans to municipalities and regions. The role includes offering advice to the Danish Ministry of Health and other governmental, regional and municipal authorities.

THE OBELE FAMILY FOUNDATION
The Obel Family Foundation is a corporate family foundation. Its purpose includes supporting activities with the common good in mind. The Foundation focus is on: Research and education, Social objectives and health, Art and culture and International.
**WORLD PSYCHIATRIC ASSOCIATION - WPA**

The WPA is an association of national psychiatric societies aimed to increase knowledge and skills necessary for work in the field of mental health and the care for the mentally ill. Its member societies are presently 138, spanning 118 different countries and representing more than 200,000 psychiatrists.

**PSYKIATRINETVÆRKET**

PsykatriNetværket is a network consisting of organisations supporting and working for a united front advocating the interests of mentally vulnerable people, their relatives and others with an interest in the area. The psychiatry summit is an annually recurrent event.

**LOCAL GOVERNMENT DENMARK**

KL is an interest and member organisation for the Danish municipalities. The mission is to safeguard common interests of the municipalities, assist the individual municipality with consultancy services and in addition ensure that the local authorities are provided with up-to-date and relevant information.

**WORLD PSYCHIATRIC ASSOCIATION - WPA**

**PSYKIATRINETVÆRKET**

**LOCAL GOVERNMENT DENMARK**

**THE DANISH MENTAL HEALTH FUND (PSYKIATRIFONDEN)**

Psykatrifonden is a NGO established in 1996. The mission is to promote good mental health for everybody and to ensure that more people with mental health problems can have a good life quality.

**THE NATIONAL BOARD OF SOCIAL SERVICES**

The National Board of Social Services is a government agency under The Ministry for Children and Social Affairs. The Board aims at actively contributing to a knowledge based Social Policy, which furthers effective social initiatives for the benefit of citizens. The goal is to make social knowledge work.

**THE DANISH COMMITTEE FOR HEALTH EDUCATION**

The Danish Committee for Health Education is a non-profit NGO with close working relations with public authorities like the Ministry of Health, the National Board of Health and private organizations in the health field. The Committee develops and produces health promotion material to various target groups.