

STRUCTURAL STIGMA AND DISCRIMINATION

THE NEVER ENDING STIGMA

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STIGMA TYPES

- **Individual stigma**
- **Self-stigma**
- **Structural stigma**

STRUCTUREL STIGMA/DISCRIMINATION

- **Imbalances and injustice inherent in social structures , political decisions and legal regulations**
- **Voting, in office, marriage, child custody, adoption, driving licence, flying certificate, occupation (police, train, fishing), insurance**
- **Can be necessary and just**

DISCRIMINATION

- **Part of stigma**
- **Negativ discrimination**
- **Intended**
 - **Lawes, rules, restrictions**
- **In-intended**
 - **Sparse funding for mental illness**
 - **News medias sensation seeking**
 - **Symptom documentation for social benefits**

SPECIAL FOCUS

- **Discrimination of humans with mental illness**
- **Discrimination of humans with long gone mental illness**

RECOVERY/REMISSION/CURE

- **Most get cured (full recovery)**
- **Serious mental illness**
 - **Most get a good life even with some illness**
 - **Some get full recovery (cured)**

CRONIC DISCRIMINATION

- **Discrimination without any symptoms or incapacity**
- **Same areas as with mentally ill persons**
- **No accept of recovery/cure**
- **Can last for years/life**
- **Not explicit in laws/rules**
- **Rest on peoples prejudices**

RISK OF NEW EPISODE AND CONSEQUENCES

- **Total remission/cure is possible**
- **Risk of new episode**
- **Risk decreases with time**
- **At a point same risk as native**
- **Consequences of new episode**

RECOMMENDATION

- **Discrimination unacceptable:**
 - **Just former illness**
 - **Without individuel assesment**
 - **When risk is about native level**
 - **With increased risk but few consequences**

EXAMPELS FROM US

- **Laws in all US states 1989 and 1999**
 - **Most had discrimination about voting, election, jobs, jury, marriage, children**
 - **Tendency was increasing**
- **All new laws 2002**
 - **1000 laws and 25% about discrimination**
 - **About half increasing and half decreasing**